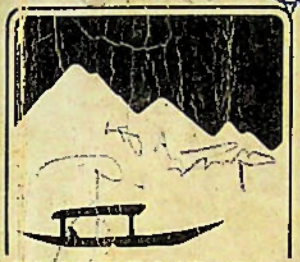
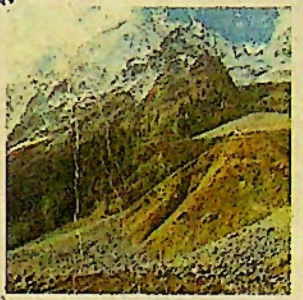
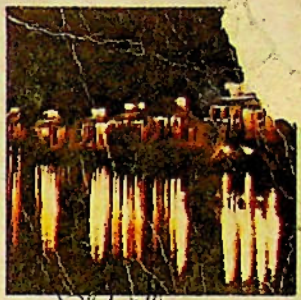
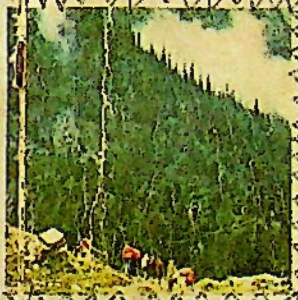


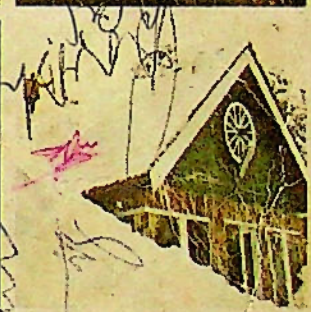
J&K TOURISM



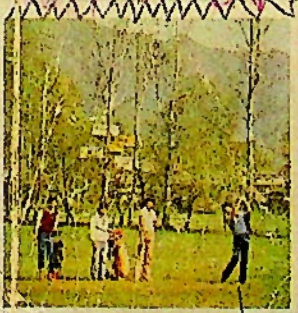




TOURISM DIRECTORY

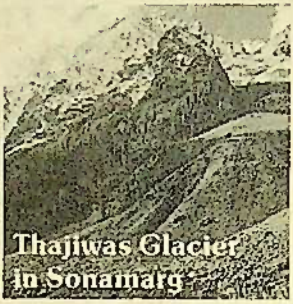


- JAMMU
- SRINAGAR
- PAHALGAM
- GULMARG
- LADAKH
- OTHER RESORTS



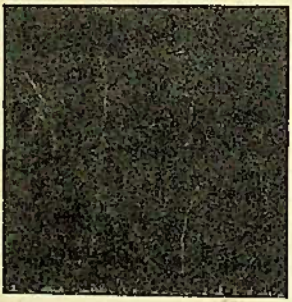
- ACCOMMODATION
- TARIFFS
- TRANSPORT
- ENTERTAINMENT
- USEFUL TIPS
- MAPS
- GENERAL INFORMATION

Dal by night

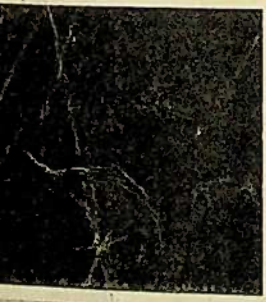


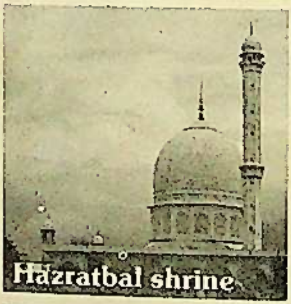
Thajiwas Glacier in Sonamarg

Gulmarg in a blanket of snow



Mountain adventure—trekking

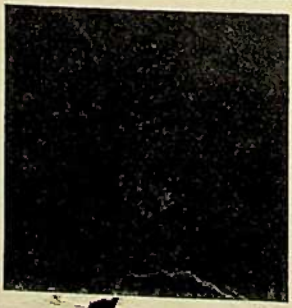




Hazratbal shrine

Excellent slopes for ski enthusiasts

A floating delight—shikara



The finest golfing greens

23

शारदा पुस्तकालय
(संजीवनी शा. द. केन्द्र)
क्रमांक 1455

455

J&K TOURISM

Directorate of Tourism
Tourist Reception Centre
Srinagar-Kashmir

Price Rs. 5/-

KASHMIR—A land of unsurpassed beauty, of Infinite charm—a land that defies description. "It is not without reason that Moghuls called it the "Terrestrial Paradise" of India, that Akbar tried so hard to conquer and that his son Jahangir fell so much in love with it", said Francois Bernier, the French Physician at the court of Aurangzeb.

The pages that follow bring to you all that you need to know, to make your trip an experience to remember. Come, live a dream that's Kashmir.

STATE TOURISM PHONE NUMBERS
—AT A GLANCE—

Telex: 375-207 TSM-IN
Cable: JAKTOURISM
PABX: 77305

SRINAGAR

Round the clock Counter	77303
	77305
Director of Tourism	72449
Dy. Director (Central)	73648
Dy. Director (Publicity)	73648
Dy. Director (Registration)	77224
Dy. Director (Kashmir Div.)	77224
Dy. Director (Maintenance & Works)	76139
Dy. Director (Enforcement)	77305
Asst. Director (Registration and Complaints)	77305
Reservation Officer (Advance Reservations) Accounts Officer,	77305
Asstt. Director (Information & Assistance)	77303
Asstt. Director (Airport)	76911
	77502

OTHER STATE TOURISM OFFICES

Dy. Director Tourism (Jammu Division)	5324
Tourist Officer, Railway Station, Jammu.	43803
Asstt Director, Pahalgam	24
Govt. Club, Pahalgam	51
Asstt Director, Gulmarg	99
Govt. Golf Club, Gulmarg	39
Tourist Officer, Tangmarg	36

Tourist Officer, Banihal	—
Tourist Officer, Ramban	—
Tourist Officer, Batote	42
Tourist Officer, Kud	7
Tourist Officer, Katra	3 & 5

Tourist offices also at: Achabal, Aharabal, Daksum, Ganderbal, Kokernag, Lakhanpur, Manasbal, Mansar, Patnitop, Sonamarg, Verinag, Yousmarg.

OUTSIDE STATE TOURISM OFFICES

Tourist Office, Chanderlok Building 36, Janpath, New Delhi.*	345373
Tourist Office, World Trade Centre, Cuffe Parade, Colaba, Bombay.	216249
Tourist Office, Airlines House, Lal Darwaza, Ahmadabad.	20473
Tourist Office, 12 Chowringhee, Calcutta.	225790
Tourist Office, Lal Bahadur Stadium, Room No. 30, Hyderabad	63276
Tourist Office, 2 Court Road, Amritsar	43276

STD CODES TO OTHER PLACES

Within the State

Srinagar to Anantnag	85
Srinagar to Baramulla	82

*Likely to shift to Kanishka Shopping Plaza, New Delhi.

Srinagar to Jammu	0191
Srinagar to Sopore	83

Outside State

Srinagar to Amritsar	0183
Srinagar to Chandigarh	0172
Srinagar to Jalandhar	0181
Srinagar to New Delhi	91

IMPORTANT NOTE

Tariffs given in the Directory are as these existed at the time of printing and are subject to change from time to time.

COMPLAINTS

Under J&K Registration of Tourist Trade Act, 1978 Officers of the State Tourism Department are vested with special powers for the settlement of complaints. Therefore, in case of any complaint please call on personally or write to

1. Director Tourism.
2. Dy. Director Tourism (Enforcement)

Tourist Reception Centre, Srinagar.

IMPORTANT ADVICE :

Whereas you are the best judge to make your own lodging and sight-seeing arrangements, please ensure you seek our officer's advice. Some self-styled and unauthorised agents or guides may contact you—please avoid them. This will save you lots of inconvenience.

We in the Department can help you in rendering all possible assistance. This can become easier for both you and us, if you get in touch with our officers—who are posted in Jammu at Railway Station and in the city in Tourist Reception Center premises as also at all important stations enroute between Jammu and Srinager and further on. At Srinagar, your bus will off load you at 'Reception Centre'. And if you are travelling by air you will be met at the Airport by our Officer at the Tourist Counter.

Please do get in touch with our Officers who will be available on the spot, round the clock at Srinagar and will assist you in any manner, you desire. In case of necessity you can contact our officers of different levels, during office hours on telephone Nos. 77303, 77305, 77224, 73648 and 72449 and after office hours, you can seek help on telephone Nos. 77303, and 77305.

Besides Tourism Department Offices, the Reception Centre at Srinagar also accommodates offices of Tourism Development Corporation, State Road Transport Corporation, Indian Airlines, Wildlife, Fisheries, Bank and a Post Office. It also has a Hotel Wing and a Tourist Hostel.

Jammu has a scenic setting because it stands on the banks of the river Tawi, and is situated on a hillock. Surrounded by lakes, hills and ancient temples, it has a great artistic tradition and has made a significant contribution to the Pahari School of Painting. Jammu is the winter capital of the State of Jammu and Kashmir and is the gateway to the Kashmir valley. Jammu is also the railhead for Srinagar.

No record is available of the history of the area before the 18th century. According to legend, the city of Jammu was founded by Raja Jamboolochan who lived in 9th century. Very little information is available about the succeeding regimes until Raja Ranjit Deva, son of Raja Dhruv Deva, a Dogra chief of Rajput descent, proclaimed himself the ruler of the principality of Jammu in 1730 AD. Maharaja Ranjit Singh of the Punjab came to power later and Nain Kishore Singh who was a descendant of Raja Dhruv Deva held an eminent position in his court. His son, Gulab Singh, rendered such distinguished service to Ranjit Singh that, in 1820, the principality of Jammu was conferred on him with the hereditary title of Raja. In 1832 Gulab Singh merged Jammu and Kashmir into one state under the Dogra rule, which acceded to India in 1947.

There are Tourist Reception Offices at the Railway Station and in the centre of the city. The staff at these offices is equipped to render full assistance and guidance to tourists. The Dy. Directors' office is also located at TRC Jammu.

Trains* Opperating to and Fro Jammu-Tawi

	Timings			
	Departure	*Arrival*	*Frequency*	*Destination*
1. Jammu Mail	3.20 p.m.	10.50 a.m.	Daily	Delhi
2. Himgiri Express	4.20 p.m.	11.55 a.m.	Sun. Mon Thur.	Calcutta
3. Super Fast	4.20 p.m.	11.55 a.m.	Tues. & Sat.	Bombay
4. Sialdah Express	5.40 p.m.	8.55 a.m.	Daily	Howrah
5. Shalimar Express	6.15 p.m.	11.20 a.m.	Daily in Summer. Mondays, Wed. & Sat. in Winter	New Delhi
6. Jehlum Express	7.00 p.m.	11.20 a.m.	Daily	Pune via New Delhi
7. Madras Janta Express	8.30 p.m.	1.45 p.m.	Daily	Madras via Delhi
8. Amritsar Passenger	10.50 p.m.	5.15 a.m.	Daily	Amritsar via Pathankot

For Reservations from Srinagar please contact:—
M/s N.D. Radhakrishen,
Northern Railway Out Agents,
Budhshah Chowk, Srinagar, Kashmir.
Tele. : 72929

(*Timings are subject to change.)

Time for Reservations: 10 a.m. to 3 p.m. on all working days.

The reservation should be made at least 3 days before departure from Srinagar.

WHERE TO STAY

Public Sector Accommodation

1. Tourist Reception Centre, Jammu.

A Block	2 adults	Rs. 60/-
C & H Blocks	2 adults	Rs. 55/-
D Block	2 adults	Rs. 50/-

Air conditioned rooms—2 adults
(Ist April to 30th Nov,) Rs. 80/-
(Ist Dec. to 31st March) Rs. 60/-

For advance reservations, please write to the Manager Reservations, Jammu and Kashmir Tourism Development Corporation, Tourist Reception Centre, Jammu.

Private Sector Accommodation

	Double	*Single*	*Suites*
1. Asia Nehru Market, Tel. 46373-75 Cable: WELCOMOTEL	290/- A/C 175/- Non A/C	220/- A/C 135/- Non A/C	— —
2. Broadway Tel: 43636	50–75	35–50 (Non A/C)	
3. Cosmo Vir Marg Tel: 5520	80–175/- A/C 50–125/- Non A/C	—	200/-
4. Jammu Ashok Ram Nagar Tel: 42084, 46154	300/- A/C 130/- Non A/C	175/- A/C 90/- Non A/C	450/- A/C

5. Mansar, Denis Gate (Air Conditioned)	(Opening shortly)	
6. Natraj Vir Marg	60/- to 85/-	30/- to 50/- Non A/C
7. Premier Vir Marg. Tel : 42975	150/- A/C 90/- Non A/C	120/- A/C 65/- Non A/C

Other Hotels

Tariff of the following hotels ranges from Rs. 10/- to Rs. 45/- for a single room and Rs. 15/- to Rs. 75/- for a double room.

Picnic,
Near Idgah Road.

Indra,
Chand Nagar,
Below Gumat.

Mohindra;
City Centre,
Gumat.

Ambassador,
PN Bazar.

Standard,
Vir Marg;

New Fort View,
Below Gumat;

Suresh,
RN Bazar;

Amrit,
Vir Marg.

Lodges

There are a number of lodges in Jammu city. Their tariff ranges between Rs. 10/- to Rs: 30/- for a single room and Rs. 15/- to Rs. 45/- for a double room.

1. Airline,
   Canal Road,
   Tel. 47099.
2. Amar,
   Upper Gumat.
3. Ambar Lodge,
   Below Gumat,
   Tel. 42303.
4. Aroma,
   RN, Bazar.

5. City Top,
Below Gumat.
6. City View,
Upper Gumat.
7. Darpan,
Talab Tilloo.
8. Diamond,
Below Gumat.
9. Gagan,
Upper Gumat.
10. Gem,
Panj Bakktar Road.
11. Green View,
Chand Nagar,
Below Gumat.
12. Gulmour,
Tel. 46750
13. India Pride,
Upper Gumat.
14. Jagan Lodge,
RN Bazar.
15. Jandiyal,
Hari Market,
Tel. 42225.
16. Kashmir,
Vir Marg.
17. Khorana,
Hari Market.
18. Kiran,
Below Gumat.
Tel. 42814
19. Maharaja,
Jewel Chowk,
Tel. 46853.
20. Mohal Lodge
21. Mohindra
22. Nagina Lodge,
Below Gumat,
Tel.-42929.
23. Narulla,
Vir Marg,
Tel. 5659
24. Naz,
Shaheedi Chowk.
25. Nek
26. New Kawality,
Vir Marg.
27. Palace,
Vir Marg,
Tel. 46209.
28. Plaza,
RN Bazar,
Tel. 47488.
29. Prince,
Jewel Chowk.

30. Priya,
Kanal Road,
Tel. 42508.
31. Rachna
32. Raj
Tel. 44630
33. Rajesh,
Virmarg.
34. Star,
Below Gumat.
35. Tawi View,
Below Gumat,
Tel. 47301.
36. Vimal,
Chand Nagar,
Tel. 43103.

Retiring Room: General Bus Stand

Tariff: Double Rs. 20/-, Rs. 1/- per person in the dormitory.

The retiring rooms at the General Bus Stand are managed by J&K State Road Transport Corporation,

Circuit House: Canal Road.

Tariff: Rs 15/- per room.

Cook in attendance.

Reservations: Joint Controller or Twaza Officer Protocol & Hospitality Deptt., Old Sectt., Jammu.

RESTAURANTS

Capri Cafeteria, Old Hospital Road, (Tel. 5805)
Cosmo, Vir Marg (Tel. 5520).
Kailash, RN Bazar (Tel. 5969).
Kawality, Vir Marg (Tel. 5116).
Naz, Shaheedi Chowk.
Lark, Vir Marg.
Premier, Vir Marg (Tel. 42975).

Rachana, Shalimar Road.
Standard, Vir Marg (Tel. 5455).

BANKS

Canara Bank, Vir Marg (Tel. 7704)
Dena Bank, RN Bazar, (Tel. 5811).
J&K Bank, Town Hall (Tel. 46032).
Laxmi Commercial Bank, RN Bazar, (Tel. 42908).
Punjab National Bank, Shalimar Road, (Tel. 5835).
Punjab & Sindh Bank, Hospital Road, (Tel. 2697).
State Bank of India, Ranbir Market, (Tel. 5894).
Syndicate Bank, RN Bazar (Tel. 7605).
United Bank of India, Vir Marg, (Tel. 42442).
United Commercial Bank, RN Bazar (Tel. 42075)
Vijaya Bank, Purani Mandi, (Tel. 46896).

MUSEUM

Amar Palace, Ram Nagar, Jammu.

TRANPORT

Taxi

Metered Taxis are available at a number of important points in the City.

Tariff

Rs. 2.60 per Km. Detention charges Rs. 7/-per hour. Special taxis also available for outstation journerys at the same rates. Night Stay Rs. 40/-.
Mini Buses: Operate between the General Bus Stand and the Railway Station. Tariff:—Rs. 1.00 one way fare.

OTHER TRANSPORT

Mini buses and Auto Rickshaws: Frequent services

between different points in the city as also between the General Bus Stand and the Railway Station. Fixed charges.

City Bus Service

J&K Road Transport corporation bus routes connect almost all important places in the City.

PLACES OF INTEREST

Jammu's serveral places of interest may be conveniently visited in the following travel sequence. Any place in between may be omitted, if desired. One day is required for complete sightseeing.

Place	Location
Ranbireswar Temple	Parade
Raghunath Temple	Raghunath Bazar
Raghunath Temple	Purani Mandi
Ranbir Canal	Old Akhnoor Road
Bahu Fort	Across Tawi River

Bahu Fort

4 km.Situated on a rock face on the left bank of the river Tawi, this is perhaps the oldest fort and the edifice in the city. Constructed originally by Raja Bahulochan over 3,000 years ago, the existing fort was lately improved and built by the Dogra rulers. There is a temple dedicated to the goddess Kali inside the fort. Recently a beautiful garden has been laid and it has a well appointed Cafeteria also.

Raghunath Temple

0.5 kms. Situated in the heart of the city (Raghunath Bazar) and surrounded by a group of other temples,

this temple dedicated to Lord Rama is outstanding and unique in northern India. Work was started by Maharaja Ghulab Singh, the founder of the present city, in 1835 AD. and was completed by his son, Maharaja Ranbir Singh, in 1860. The inner walls of the main temple are covered with gold sheet on three sides. There are many galleries with lakhs of saligrams. The surrounding temples are dedicated to various gods and goddesses connected with the epic Ramayana.

Raghunath Temple (Purani Mandi)

0.5 km. Built by Maharaja Ranbir Singh's wife, Rani Bandral, in 1888 AD, it is dedicated to Lord Rama. The temple is renowned for its depiction of the Rama Lila and Krishna Lila in painting.

Ranbireswar Temple

75 metres. Built by Maharaja Ranbir Singh in 1883 AD, Ranbireswar Temple is dedicated to Lord Shiva. There are twelve Shiva Lingams of crytal measuring from 15 cms to 38 cms and gallaries with thousands of Shiva Lingams fixed on stone slabs.

Ranbir Canal

3 km. A good viewpoint. The canal branches off from the river Chenab at Akhnoor 32 km from Jammu. It has icy cold water round the year.

Note: Distances given above are from the New Secretariat. All the above monuments/spots can be visited from sunrise to late in the evening. Admission free.

Dogra Art Gallery

Housed in Gandhi Bhavan outside the New

Secretariat, the major collection here is of nearly 600 paintings belonging to the Basholi, and Kangra schools. The Rasmanjari set from Basholi is a rare treasure. There is also a collection of sculptures, terracotta pieces, murals, illustrated manuscripts and historic arms.

Timings
Summer 07.30 to 13.00 hrs.
Winter 11.00 to 17.00 hrs.

Mondays closed. Admission free.

EXCURSIONS

Akhnoor

32 Km. picinc spot situated on the river Chenab, Regular Bus Service.

Batote.

Altitude 1560 metres. 113 Km. On the Jammu Srinagar highway. A health resort. Regular bus service. Accommodation at Tourist Bungalow. Tariff (room only) Rs. 30/- to Rs. 50/- Huts & Dormitories also available.

Kud.

Altitude 1738 metres. 105.6 km. On the Jammu-Srinagar highway. Accommodation at Tourist Bangalows. Tariff (room only) Rs. 30/- to Rs. 50/- per Double Room Dormitories also avaiable.

Reservation: Dy. Dir. Tsm, Jammu/Director of Tourism, Srinagar.

Mansar Lake

80 Kms. picnic spot with beautiful land scaping and scenery around. Regular bus service from Jammu.

Accommodation at Tourist Bangalow Rs. 20/- double room. Rs 60/- per suit. Tourist Huts at Rs. 40/-. Reservations: Dy. Director Tourism, Jammu, Tawi.

Purmandal

39 Kms. Picnic spot and a sacred place for Hindus. Most of the Shiva Lingams that automatically arose following the rise of Devika are in and around Purmandal, towards the south-east of Jammu. It enjoys high reputation as a Tirtha and is some times referred to as Chotta Kashi. Regular Bus service from Jammu. Accommodation at Pilgrim shelters.

Patnitop

Altitude 2024 metres. 112 Kms. A peaceful resort with a Cafeteria on the Jammu Srinagar National Highway. Patnitop has been developed into a year round tourist resort with all modern amenities for the tourists. It is enveloped by thickly wooded forests, and is perched on a lovely plateau offering unusual lush green picnic spots. Accommodation in 14 Delux Double room huts ranging from Rs. 120/- to Rs. 125/- per day, Tourist Bungalows—Room/Suite rent from 50/- to 100/- per day. Tourist Hostel Rs. 6/- per bed per day. A Club (under construction).

Reservations: Deputy Director, Tourism, Jammu (Tawi). For on the spot assistance contact Tourist Office at Patnitop.

Ramban

148 kms. Important halting station on Jammu-Srinagar National Highway. Accommodation in Tourist Bungalow. Catering available. Tariff (room only) Rs. 50/- double room.

Reservation: Dy. Director Tourism, Jammu (Tawi).

Ramnagar
102 km. Known for murals in the Pahari style. Buses available from Jammu and Udhampur.

Sanasar
Altitude 2079 mtrs. 129.2 kms. from Jammu or 19 Kms. from Patnitop slightly away from the National Highway. It looks as though it has been scooped out of the earth to a cup, fringed by gigantic conifers. A place for a quite holiday. Regular bus service from Jammu. Accommodation at Tourist huts Rs. 35/- per hut (lodging only) Tourist Bungalow; Rs. 20/- (Room only).

Reservation: Deputy Director Tourism, Jammu.

Sudhmahadev
Altitude 1225 mtrs. 120 kms. from Jammu. A Holi Place a few kms. away south of Patnitop. Pilgirms visit this place on the full moon night of Sawan (July-August) and worship a Trishul Trident and a mace supposedly belonging to Bhima. Here Depak stream originates and disappears into its bed after flowing down a few kms. Accommodation at Pilgrim shelters, Rs. 2/- per head.

Surinsar Lake
42 kms. Picinic spot. Regular bus service. Shiva Khori. 88 kms.

Shiva Shrine
Regular Bus Service upto Barak, and from there on foot.

Vaishno Devi
62 km. A venerated Hindu shrine. Regular bus service upto Katra 48 km. and the remaining distance has to be covered on foot or by pony. Accommodation at Tourist Bungalow in Katra. Tariff (room only) Double Rs. 30/-. Accomodation also in Pilgrims hostel and dormitories. Tourist Hostel Rs. 4/- and Tourist Retiring Centre Rs. 3/- per person.

Accommodation and bedding available at Dharamshalas at the Darbar (the holy shrine). Private accommodation available in Hotels, Guest Houses and Sarais at Katra.

PLACES OF WORSHIP (MAIN)

Bahu Fort Temple
Catholic Church
Ibrahim Masjid
Jamia Masjid
Kali Temple
Peerkhow and Ranbireswar
Peer Mitha
Rughnath group of Temples
Saint Paul's Church
Singh Sabha Gurdwara
Sunder Singh Gurdawara
Shrine of Peer Roshan Shah Wali
Shrine of Peer Baba
Shiva Temple

HOSPITALS

S.M.G.S. Hospital. Jammu City, Tel. 5080 & 5746
Govt. Hospital, Gandhinagar, Tel. 5746

C.D. Hospital, Tel. 46514
Govt. Hospital for Children, Tel. 5622

EMERGENCY

Police Control Room	Tel. 100
Fire Service	Tel. 101
Ambulance	Tel. 5080, 42779

DOCTORS

Dr. R.N. Bhat (Physician)	43958, 5621
Dr. C.L. Gupta (Cardiologist)	46101
Dr. C.L. Gupta (Urologist)	46013
Dr. O.P. Goel (Physician)	46448
Dr. I.P. Kohli	5981
Dr. S.N. Koul (Physician)	—
Dr. N.S. Pathania (Surgeon)	46417, 46446
Dr. Jyoti Prakash	
Dr. Sushila Sawhney (Gynecologist)	5262
Dr. R.N. Sharma (Surgenon)	42944
Dr. R.L. Vakhloo (Gynecologist)	43462

CHEMISTS

Ashoka Chemists & Druggists, Shalimar Road.	46937
Bedi Medical Hall, Pacca Danga	42339
Bharat Pharmaceutical Co	47319
Jain Medical Store, Palace Road.	42349
Jammu Medical Store, Rugnath Bazar.	42443
Kanwresh Medico, Exchange Road.	5008

CINEMA HOUSES

	Tel. Nos.
Apsara	43124
Indra	—
Jewel	5653

K.C.	46456
Swaran	43950, 43703
Shankar	46645
Uttam	43136
Shakuntala	

FISHING

The city stands on the bank of the river Tawi which is famous for a variety of fish like mahaseer, seeng, mali, etc. Abundant fishing near Jammu at Ranbir Singh Pura, Akhnoor, etc. Permits can be obtained from the Deputy Director, Fisheries Department, Old Sectt., Jammu-Tawi. Tel. 46211. Fishing equipment is not available on hire. *(See also under ACTIVITIES)*

WILD LIFE

Wild Life sanctuaries at Ram Nagar, Nandni, Trikute, Suruinser and Mansar and National Park at Kishtwar are amidst spectacular sights and natural wonder. *(See also under ACTIVITIES)*

ROAD ROUTES

Jammu is situated on the Delhi-Srinagar National Highway. Some of the important routes are:

To	Distance Km.	Break-up in kilometers
Amritsar	243	Pathankot 108—Gurdaspur 40 Batala 56—Amritsar 39
Chandigarh	436	Pathankot 108—Jullundur 109 Ludhiana 58—Ambala 109 Chandigarh 52
Delhi	587	Pathankot 108—Jullundur 109 Ludhiana 58—Ambala 109 Delhi 203

Katra	48	Direct
Manali via Kulu	428	Pathankot 108—Joginder Nagar 154—Mandi 58 Kulu 69—Manali 39
Srinagar	305	Udhampur 66—Batote 61 Banihal 66—Anantnag 56 Srinagar 56

PETROL PUMPS ON JAMMU SRINAGAR NATIONAL HIGHWAY.

Nagrota
Udhampur
Kud
Batote
Ramban
Banihal
Khanabal
Bij behara
Awantipore
Pampore
Batwara.

CLUBS

Amar Singh Club, near Tawi Bridge. Tel. 8209
Jammu Club, Near Stadium Tel. 48009
(Temporary membership available)

SUPPLEMENTARY INFORMATION

Altitude	305 Metres	
Area	20.36 sq. kms.	
Climate	Mean Max.	Mean Min.
Summer	39.9°C	23.4°C
Winter	26.2°C	6.5°C
Rainfall	107 cms.	
Season	Throughout the year	
Clothing	Summer cotton Slik or light tropical Winter Woolen.	

Srinagar

In the heart of the Kashmir valley, Srinagar is spread on both sides of the river Jhelum. A bird's eye view of the City gives the impression of a gem nestling in the midst of lofty mountains, green meadows, rivulets and lakes. It is the summer capital of the State of Jammu and Kashmir and a very convenient base for treks in the mountains and to Leh.

Kalhana, the author of the Rajtarangini states that Srinagar was founded by the Emperor Ashoka (3rd century BC). The present city of Srinagar was founded by Pravarasena II and Hiuen Tsang who visited the capital in AD 631 found the city at the same site as it is today. Lalitaditya (AD 649-736) was the most illustrious ruler of the Hindu period which ended in 1339. King Zain-ul-Abidin (1421-72) who was popularly known as Badshah was a great patron of Sanskrit. His was the period when the Kashmiri-Persian literature occupied an almost exclusive place. The King was great lover of Arts and Crafts and even brought Artisans from Iran to introduce Carpet weaving, shawls and other exquisite handicarafts for which Kashmir is renowned the world over.

Akbar captured the valley for the Mughals who endowed Srinagar with beautiful mosques and gardens. The Sikhs overthrew the last Muslim ruler in the reign of Maharaja Ranjit Singh in 1819. In 1846

the Dogras secured the sovereignty of Kashmir from the British under the treaty of Amritsar, and in 1947 the State of Jammu and Kashmir became part of the Indian Union.

PLACES OF INTEREST

Srinagar's several places of interest may be conveniently visited. Three days are required for complete sightseeing by Car. Some of the important places are given below.

Cheshma Shahi
Dal Lake (Shikara ride)
Hari Parbat Fort
Harwan
Hazratbal
Jamia Masjid
Nagin Lake
Nishat Bagh
Pari Mahal
Pathar Masjid
Shah Hamdan Mosque
Shalimar Bagh
Shankaracharya Temple (on foot or by car)

Cheshmashahi

9 kms. A tastfully laid garden in terraces with a spring of cool, refreshing digestive waters. The original garden was laid out by Shahi Jehan in 1632 AD.

The Cheshmashahi-Pari-Mahal area has been developed into a Tourist Village. The Gardens are illuminated by night which command a magnificent

view of the Dal Lake below and surrounding mountain ranges. There are 22 deluxe and 33 other huts of one, two and three bed rooms, with a cafeteria and a Shopping Complex near by (tariff under Public Sector accommodation).

Dal Lake

0.5 km. This lovely lake lies to the east of the city at the foot of Shridhara (Zabarwan) mountain. The Shankaracharya hill (Takht-i-Sulaiman) is to the south and Hari Parbat on its west. The lake is 6×3 km. and is divided by causeways into four parts. Gagribal, Lokutdal, Boddal and Nagin. The Lokutdal and the Boddal each have an island in the centre, called Rup Lank and Sona Lank, respectively. Rup Lank is known as "Char Chinari" as well.

Hari Parbat Fort

5 km. The hill of Sharika, in the north eastern part of Srinagar, is sacred to the Hindus. It is surmounted by an 18th Centuary Fort, constructed by Atta Mohammad Khan, an Afgan Governor. The wall around the hill was built by Akbar in 1592-98. AD. There are almond orchards around it. In Spring when the blossoms are out, these orchards make a lovely sight. Permission to visit the Fort is issued by the Director of Tourism.

Harwan

3.5 km. from Shalimar Bagh. On the hillside south of the village remarkable remains of ancient orna-

mented brick pavements of Budhist period have come to light. The tiles indicate the dresses of the people, such as loose trousers, Turkoman caps or close fitting turbans, large ear-rings which show a clear central Asian influence.

Hazratbal

7 km. Hazratbal shrine is situated on the western shore of the Dal Lake opposite Nishat Bagh and commands a grand view of the lake and the mountains beyond. It has a special sanctity because a sacred hair of the Prophet Mohammad is preserved here. This is displayed to the public on special occasions.

Jamia Masjid

5 km. Originally built by Sultan Sikandar in 1400 AD and enlarged by his son, Zain-ul-Abidin. It is a typical example of Indo-Saracenic architecture. Destroyed thrice by fire and rebuilt each time, the present mosque was repaired during the reign of Dogra Maharaja Partap Singh.

Nishat Bagh

11 km. Situated on the banks of the Dal Lake with the Zabarwan mountains at the back, this "garden of bliss" commands a magnificent view of the lake and the snowcapped Pir Panjal mountain range which stands far away to the west of the valley. Nishat was designed in 1633 AD by Asaf Khan, brother of Nur Jahan.

Nagin
8 km. The Jewel in the Ring, the smallest but the most lovely part of Dal Lake. Separated by a causeway and only a short distance from Hazratbal, its deep blue water encircled by a ring of green trees has given it its name. There is a club also and other facilities include water skiing and swimming.

Pari Mahal
10.6 kms. Once a Budhist Monastry, it was converted into a School of Astrology by Dara Shakoh, Moghul Emperor Shah Jehan's son. Situated on a spur of mountains, over-looking Dal Lake the ancient monument with a well laid spacious garden in front, is close to Cheshmashahi, connected with a black topped road. The entire road and the monument is well lit and the place is illuminated by night.

Pather Masjid
This stone mosque is in the heart of the city opposite the Shah Hamdan Mosque. It was built by Nur Jahan and was then mainly reserved for the prayers of Shia Muslims.

Shah Hamdan Mosque
Situated on the banks of the river Jhelum, this is one of the oldest mosque in the city. it has fine papier mache work on the walls and ceillings. Approachable by road and river.

Shalimar Bagh
15 km. Built by Emperor Jahangir for his wife Nur

Jahan, it is beautiful garden of vistas and shallow terraces. The garden is 539 by 182 metres wide and has four terraces, rising one above the other. A canal, lined with polished stones and supplied with water from Harwan runs through the middle of the garden. The fourth terrace, by far the best, was once reserved for royal ladies. India Tourism Development Corporation runs a Sound and Light Show (Son-et-Lumiere) in this garden from May to October.

Shankaracharya Temple

0.5 km. One thousand feet high, this prominent hill is also known as Takht-i-Sulaiman. Most authorities seem to agree that the first religious edifice on this commanding site was built by Jaluka, the son of Ashoka around 200 BC. The low enclosing wall and the plinth of the existing temple is what has remained of the old temple. The present upper structure, the interior of which is 4.3 metres in diameter, is supposed to have been built by an unknown Hindu devotee, during the tolerant reign of Emperor Jahangir. An early morning climb to the top offers a magnificent view of the valley and the snowy peaks of the Pir Panjal range beyond. By the side of the temple is also a TV Tower.

NOTE: All gardens are open from sunrise to sunset and admission is free except to Cheshmashahi.

MUSEUM

Shri Partap Singh Museum, Lal Mandi-Srinager.

Timings: 10.00 to 17.00 hrs.
Closed on Wednesday and holidays.
Admission free.

EXCURSIONS

(See note for sequence at the end)

Achabal

Altitude 1677 metres. 58 km. via Anantnag. A fine garden in Mughal style with groves of trees, water cascades and fountains. Once the pleasure retreat of the Empress Nur Jahan, Achabal has a camping ground and a trout hatchery. On way is Awantipur 29 km. from Srinagar, famous for the ruins of the ancient temples believed to have been built in honour of the god Mahadeva by Avanti Verman in the 9th century.

Accommodation at Tourist Bungalow. Tariff (room only): Double Rs. 30/- Tourist Huts Tariff (lodging only): Rs. 35/- per 2 bedroom hut. Reservations: Director of Tourism, Tourist reception Centre, Srinagar. Tea and refreshments at the cafetaria and Tourist Bungalow.

Aharbal

51 kms. from Srinagar this gigantic and impressive WATER FALL is formed by Veshav river coming down from a height of 24.4 mtrs. Tourist Bungalow Rs. 30/- double room. A PWD Rest House also available. From Aharbal. Kungwattan a charming woodland meadow is 5 kms. ahead. Kounsernag

Lake which generally remains frozen and covered with ice-bergs till late June is 11 kms. further ahead. The entire area is a trekkers paradise.

Burzahom
24 km. The excavations at Burzahom reveal settlements dating back to about 2500 BC.

Charari-Sharif
30 km. On the road to Yusmarg. The Ziarat or shrine of the famous patron saint of Kashmir, Sheilk Noor-ud-Din, popularly known as Nunda Rishi.

Dachigam Wildlife Sanctuary
21 km. Originally a royal game preserve, this sanctuary is now protected and provides shelter to the Himalayan black bear, brown bear, musk deer and the hangul or kashmir stag. Tourists are required to obtain special permits from the Chief Wild Life Warden.

Daksum
85 kms. A forest retreat girdled by mountains. Daksum (2438 meters) is peaceful, unspoilt. Accommodation at Tourist Bungalow. Tarrif (Room only) Rs. 20/-. Catering arrangements available. It has a Cafeteria also. From Daksum one can cross to Kishtwar in Jammu going through the simthan Pass.

Ganderbal
19 Kms. Situated on the banks of river Sindh. Height 5200 ft. The turfy banks and shady chinars, afford

excellent camping and mooring sites. Tourist Huts at Rs. 15/-per day.

Kokarnag
Altitude 2012 metres. 70 km. Famous for the curative properties of its springs. A botanical garden with a variety of roses. Accommodation at Tourist Bungalow Tariff (room only) Rs. 30/-. Tourist Huts Tariff (lodging only) Rs. 60/- to 70/- for 2 bedroom huts. There is a cafeteria also.

Reservations: Director of Tourism, J & K Government, Tourist Reception Centre, Srinagar.

Manasbal
32 km. from Sringar on the circular tour to Wullar Lake. Manasbal is a panoramic lake, laden with lotus during summer and a bird watchers paradise. Tourist Bungalow (Rs. 30/- per double room, Two bedroom Huts Rs. 40/- per hut, per day).

Martand
64 km. from Srinagar on a plateau. The most impressive ancient ruins in Kashmir. The temple of Martand was built by Lalitaditya Mukhtapida (669-739 AD), a warrior king of Kashmir.

Mattan
61 km. on the Pahalgam road. The spring here is an important place of pilgrimage for Hindus.

Pampore
The Karewas above and beyond Pampore are the

only places in world except Spain where saffron is grown.

Sonamarg
Altitude 2740 metres. 83 km. Literally the meadow of gold. Sonamarg has a wild mountain beauty. A good base for trekking. Accommodation at Rest House Tariff: Rs. 13 per room. Tourist Huts Tariff: Rs. 35 per 2 bedroom hut. Tourist Bunglow Rs. 30/-

Thajiwas--
4 km. from Sonamarg. A small valley at the foot of the Sonamarg glacier. Accommodation in Alpine Hut and a Forest Rest House.

Verinag
80 km. The spring here is reported to be the chief source of the river Jhelum. Further to the east lie the remains of a pavilion and baths built during the Mughal period. Accommodation at Tourist Bungalow tariff (room only): Double Rs. 30/-. There is a cafeteria 'Qahwa-Khana' also.

Reservations: Director of Tourism, Tourist Reception Centre, Srinagar.

Wular Lake
60 km. This great fresh water lake, the largest in India, is an important feature of the hydrographic system of Kashmir. Acting as a flood reservoir, its dimensions vary at different times of the year. Normally it is 19 km. by 10 km. wide and is spread over an area of about 125 sq. kms. Wular has a picturesque setting and is surrounded by mountains.

Yusmarg

40 km. A small open valley in the hills of the Pir Panjal range. Giant pines and firs cover the mountain slopes on either side. Ponies available for trips to near-by places. Accommodation at Rest House Tariff: Rs. 13. Tourist Huts Tariff: Rs. 25 per hut.

Reservations: Director of Tourism, J & K Govt., Tourist Reception Centre, Srinagar.

NOTE: Pampore, Avantipore, Anantnag, Achabal, Kokarnag, Duksum, Martand and Verinag all lie in a line.

WHERE TO STAY

Private Sector Accommodation

	Tariff (in rupees)		
Western Style Hotels	Double	Single	Suites
Aziz Boulevard Tel. 77675	150 EP	120 EP	300 EP
Broadway (Centrally Heated)	715 AP	385 EP	800-1400 EP
Maulana Azad Road	625 MAP	450 MAP	
Tel. 71211-13	495 EP	495 EP	
Brown Palace Boulevard Tel. 73856	225 EP	170 EP	325-400 EP
Boulevard Tel 77153, 77089	210 EP	145 EP	—
The Centaur Lake View Chashmashahi Tel. 77601, 73175 Telex: 375 205 CLVH IN	575/-	500/-	1000 to 1500

Gulmarg (Centrally heated) Boulevard Tel. 71331	250 EP	180 EP	—
Lake View Centour Boulevard Tel. 77601	—	—	—
Lake-Isle Resort Nagin Tel. 78446	225 EP	—	300 EP
Madhuban Old Gagribal Road, Tel. 72478	90-135-155 EP	80 EP	155 EP
Nedou's Maulana Azad Road Tel. 73015-16	260 EP 425 AP	200 EP 300 AP	250-320 EP 350-450 AP
Nehru's Boulevard Tel. 73641	150 EP	150 EP	200 EP
Oberoi Palace Boulevard Tel. 71241-46	875 AP	615 AP	1080-2250
Pamposh Regal Chowk Tel. 75601-02	100 EP	75 EP	—
Pari Mahal Boulevard Tel. 71235-36, 78885	200-225 EP 300-365 MAP 380-405 AP	150 EP 200 MAP 240 AP	325-375 EP 375-475 MAP 415-555 AP
Sabeena Residency Road Tel. 78046	140 EP 250 AP	100 EP 160 AP	300 EP 430 AP
Shah Abas (Centrally heated) Boulevard Tel. 77789, 74158	275 EP	175 EP	350-425 EP

Shahenshah Palace (Air Conditioned) Boulevard Tel. 73015–16	225-390 EP 425-500 AP	170-225 AP 280-325 AP	750-1100 EP
Shangrila Sonawar Tel. 75671, 72894	145 225 EP 325-400 AP 225 MAP	110 EP 200 AP 165 MAP	—
Sunshine Boulevard Tel. 71708	150-200 EP	—	350 EP
Tramboo Continental Boulevard Tel. 73914	200 EP 240 AP	150 EP 175 AP	— —
Zabarwan (Centrally Heated) Boulevard Tel. 71441-42	420 AP 240 EP 340 MAP	260 AP 175 EP 225 MAP	— — —
Hotel Zamrud Boulevard Tel. 75263	220 EP	150 EP	300 EP

Other Hotels	Tariff (in rupees) Double	Single	Suite
Angels Indra Nagar Tel. 78804	90-120 EP	80 EP	130-150 EP
Ashoka Ist Bridge Tel. 78428	25	10-20	...
Bharat Hindu Lal Chowk Tel. 73598	40	...	...
Bi-Zone Maulana Azad Road	75	50	...

Bombay Gujarat Lal Chowk Tel. 73596	40-80	...	...
Chanakya Sonawar Tel. 73879	100-120 EP	60-70 EP	...
Chinar Lal Ded Hospital Road Tel. 73694	40-75	20-50	...
Crown Lal Chowk Tel. 72763	40-75	20-50	...
Dawn Boulevard Link Tel. 75616	90	60	...
Dream Land Nishat Tel. 77822	100-120 EP	60-70 EP	...
Elora Hazuri Bagh Tel. 75414	60	30	...
Embassy Dalgate Tel. 78152	50-80	...	...
Fayaz Abi Guzar Tel. 71512	75	45	...
Gaylord Lal Chowk Tel. 74319	40-75	20-50	...
Grand Residency Road Tel. 73242	90	60	...

Hill Skirt Buchawara Tel. 76615	40-50	25-30	60 45 105 (25
Hill Star Buchawara Tel. 72512	100 EP		...
Holiday Heaven Nagin Road Tel. 72282, 75888	140 EP 270 AP 210 MAP	100 EP 165 AP 130 MAP	220 EP 350 AP 275 MAP
Holy Night Dalgate Tel. 74608	60-130	...	130-175
Horison Sonwar Tel. 74821	75	...	...
International Sonawar Tel. 78604	120-180 EP	90-140	340 EP
Jawahir Lal Mandi Tel. 78448	50-60	40	...
Kabir Old Gagribal Road Near Nehru Park Tel. 78429	170	120	...
Kapoor Gonikhan	40-50	...	50-60
Kashmir Khalsa Lal Chowk Tel. 77029	75	35	...
Kashmir Valley Lal Chowk	65-85		...

Khyber Khayam Road	110	70	...
Kohinoor Badshah Chowk	30	...	...
Lion Star Buchawara Tel. 71162	50	30	...
Majestic Lal Chowk Tel. 76519, 72505	45	20	...
Malabar Dalgate Tel. 76736	60-70	40-50	...
Mamta Dalgate Tel. 73388	120-130	...	...
Manuranjan Indra Nagar Tel. 78966	100	70	...
Mayur Old Secretariat Road Tel. 78635	85	...	130
Mazda Boulevard Tel. 72842	145 EP	95 EP	...
Metro Dalgate Tel. 77126	170-250 EP 270-350 AP	120-220- 250AP	...
Moti Mahal Abi Guzar Tel. 77880	120	...	...

Naya Kashmir Lal Chowk Tel. 74282	75	45	...
Neelam Lal Chowk Tel. 72412	50-80	...	...
New Mahalaxmi Lal Chowk Tel. 76286	40	20	...
New Park Boulevard Tel. 74230, 77770	100-190 EP 240-330 AP	60-150 EP 130-220 AP	180-250 EP 320-390 AP
New Rigadoon Dalgate Tel. 76313	90-110	...	175
New River View Hazuri Bagh Bund Tel. 72491	60	40	...
New Shalimar Boulevard Tel. 74427, 73339	75 EP 150 AP	50 EP 85 AP	80 EP 200 AP
Odeon Residency Road Tel. 72683	60	40	...
Orion Lal Chowk Tel. 72431	40-75	20-50	...
Pacific Dalgate.	150	110	...
Paradise Boulevard Tel. 78667	80-130	....	...

President Sonawar Tel. 76599	40-75	20-50	...
Punjab Lal Chowk Tel. 74163	80	50	...
Rachna Nehru Park Boulevard Tel. 72200	95 EP	60 EP	150-170 EP
Regina Maulana Azad Road Tel. 72568	150 EP	135 EP	...
Ritz Dalgate Tel. 72498	90	60	...
Shaheen Sonawar Tel. 75248	40-60	...	...
Sailors Buchawara, Dalgate Tel. 73182	50 EP	30 EP	...
Shiraz Lambert Lane Tel. 75460, 73696	90 EP	70 EP	...
Surti Lambert Lane Tel. 72811	50-80	...	...
Surya Residency Road Tel. 78778	70-110 EP	40-65 EP	...
Taj Badshah Chowk Tel. 73156	120 EP	75 EP	...

Tourist Kohan Khan, Dalgate Tel. 78152	35-55 EP	...	...
Venus Sonwar Bagh Tel. 73324	125 EP	...	...
Willard Kohan Khan	40	3	...
York Dalgate Tel. 72218	70-100 EP	...	...
Zero Inn Zero Bridge Tel. 77904	75	...	

Houseboats:

Houseboats are peculiar to Srinagar. Moored on the banks of the river Jhelum, the Dal and Nagin lakes, they are known for their comfort. A houseboat ranges from 24 to 38 metres in length and is 3 to 6 metres wide. There are two living rooms, and two to three bedrooms with attached bathrooms and hot and cold running water. The boats are elegently furnished with excellent bath rooms attached to each bedroom. Electricity, crockery, cutlery, modern appliances and radios are provided. Houseboats have decks for sunbathing. Smaller boats can be punted about and moored at different places.

Each houseboat has a shikara boat for crossings and an attached kitchen-boat which also serves as quarters for the staff. Houseboat provide clean and filtered piped drinking water.

Tariff in Rs. (Full board)

	Rs.
Deluxe Category	
Single	220.00
Double	325.00
Every additional person	115.00
Children	
1 to 5 years	40.00
6 to 11 years	70.00
'A' Category	
Single	150.00
Double	220.00
Every additional person	95.00
Children	
1 to 5 years	20.00
9 to 11 years	40.00
'B' Category	
Single	100.00
Double	170.00
Every additional person	70.00
Children	
1 to 5 years	20.00
6 to 11 years	30.00
'C' Category	
Single	65.00
Double	115.00
Every additional person	50.00
Children	
1 to 5 years	15.00
6 to 22 years	25.00

'C' Category (Lodging Only)

i) Rs. 40/- per double room and Rs. 6/- every additional person sharing the same room.

ii) In case of party, lodging charges will be Rs. 6/- per head.

Lodging Only	
2 bedroom houseboat	1040/- per month
3 bedroom houseboat	1300/- per month

'D' Category

		Rs.
Double room per day	...	60.00
Single room per day	...	45.00
Every additional person sharing the same room	...	25.00
Children		
1 to 5 years	...	10.00
6 to 11 years	...	20.00

'D' Class Lodging Only		
Full boat for full day	...	40.00
Full boat for one week	...	190.00
Full boat for two weeks	...	360.00
Full boat for one month	...	650.00

NOTE:—

1. The above rates will be:
   a) Inclusive of service charges and Shikara crossings.
   b) Exclusive of heating charges during winter months. (Ist. November to end of March) which

will be chargeable at Rs. 20/- for 24 hrs. per stove for bedrooms only. Heating arrangement of Drawing and Dinning room being the obligation of the houseboat owner.

2. If a tourist/tourists desires(s) to occupy the entire accommodation in the houseboat exclusively for himself/themselves the rates chargeable will be on the basis of full charges as fixed above for his/their occupancy plus 50% of the charges for the rest of the unoccupied accommodation in the houseboats.

Public Sector Accommodation

	Occupancy allowed	Tariff Rs.
1. Cheshmashahi Hutments		
Single bedroom hut	2 adults & 1 child	200.00
Double bedroom hut	4 adults & 2 children	300.00
Three bedroom hut	6 adults & 3 children	350.00
Every addl. child above 3 years and below 11 years		... 5.00
Every addl. adult sharing the same hut		... 20.00

Concession: 2/3 of the normal rent chargeable for July and August and 50% from November to March. Cooking Gas provided on extra payment. Rental is inclusive of bedding, crockery, and cutlery.

2. Budshah Hotel: (Tel. 76063)		Rs.
Double bedroom	2 adults	... 30.00
Single bedroom	1 adult	... 65.00
Every addl. adult sharing the same room		... 10.00

Every addl. child above 3 years and below 11 years sharing the same room ... 5.00

3. Tourist Rception Centre (Tel. 76107)

Hotel block

Deluxe suite 2 adults ... 100.00
Every addl. adult sharing the same room. ... 15.00
Every addl. child above 3 years and below 11 years sharing the same room ... 5.00

A & B Blocks

Double bedroom 2 adults ... 90.00
Every addl. person sharing the same room without extra bed ... 10.00
Children between 3 to 11 years of age ... 3.00

C & D Blocks

Double bedroom 2 adults ... 80.00

4. Lalla Rukh Hotel (Tel. 72378)

Deluxe double bedroom 2 adults ... 85.00
For every addl. child above 3 years and below 11 years sharing the same room: ... 5.00
Double bedroom 2 adults ... 75.00
For every addl. adult sharing the same room ... 10.00
For every addl. Child above 3 years and below 11 years sharing the same room ... 3.00

Reservation Authority
The Manager, Reservations, J & K Tourist Development Corporation, Tourist Reception Centre, Srinagar-190 001. Tel. 76107.

Dormitory Accommodation

Tourist Hotel	**Rs.**
For the first 3 days (per head per day)	10.00

For the next 4 days (per head per day)	15.00
Beyond 7 days (per head per day)	20.00

Reservation can be had through the Deputy Director, Tourism, Reservations, Department of Tourism, Tourist Reception Centre, Srinagar-190 001. Tel. 77305.

Guest Houses

Tariff: The Tariff of Guest Houses ranges between Rs. 30 to 100 for double room. Rs. 15 to Rs. 50 for single room and Rs. 5 to 10 per head in a dormitory.

1. Alankar
   Shivpora
2. Alfa Continental,
   Old Gagribal Road
3. Al-Harma
   Old Gagribal Road
4. Apna Ghar
   Khayam Road
5. Archana
   Raj Bagh (Tel. 73898)
6. Aroma
   Dalgate
7. Atlas
   Nagin (Tel. 74618)
8. Bazaz
   Raj Bagh (Tel. 71228)
9. Bengal Lodge
   Kohna Khan, Dalgate
10. Bhat
    Aramwari,
    Zero Bridge
11. Bliss Lodge
    Saripayeen
    amirakadal
12. Blue Star
    Court Road
13. Budshah Lodge
    Budshah Chowk
    (Tel. 77070,
    78936 PP)
14. Claridge,
    Kohna-Khan

15. Continental
Maqarmal Bagh.

16. Dar
Raj Bagh .

17. Degal
Wazir Bagh

18. Eden
Raj Bagh (Tel. 78484)

19. Elephanta
Khyam Chowk

20. Firdous
Raj Bagh

21. Glamour
Naqashpora, Sathu
(Tel. 71271)

22. Green Acre
Raj Bagh

22 Green Hill.
(a) Old Gagribal Road,
(Tel 7290)

23. Habib
Wazir Bagh

24. Hampton
Iqbal Park

25. Hill Green
Old Gagribal Road

26. Himalaya
Sonawar (Tel. 78694)

27. Hira Mahal
Abi Guzar

28. Hallywood
Alachibagh
(Tel. 77896)

29. Holy View
Brain, Nishat

30. Imperial
Lal Mandi

31. India
Kohna-Khan

31 Indian
(a) Rambagh
(Tel. 74143, 74970)

32. Indo Kashmir
Gogji Bagh

33. Jabeen
Rajbagh

34. Jahlum View
Pandrethan
(Tel. 75840)

35. Kamal Kunj
Raj Bagh (Tel. 78517)

36. Kanwal
Khayam Road
(Tel. 76621 PP)

37. Kardar
Sonawar

38. Kashmir
Kohona-Khan

39. Kashmir Pine
Wazir Bagh

40. Khayaban
Ext. Raj Bagh

41. Koh-Sheen
Zero Bridge

42. Kotay
Bhagat Barzulla

43. Libra,
Raj Bagh

44. Light Guest House
Magarmal Bagh
(Tel. 78835)

45. Lords
Raj Bagh

46. Maharaja
Dalgate

47. Maple
Magarmal Bagh
(Tel. 76761)

48. Meghdoot
Dalgate

49. Mehraj
Gupkar

50. ME Lodge
Zero Bridge
(Tel. 72505)

51. Nagina
Naqashpora, Sathu

52. Nagin View,
Madin Sahib
(Tel. 75133)

53. National
Zero Bridge
(Tel. 74041 PP)

54. Natraj Lodge
Maisuma, Lal Chowk

55. New Bombay
Bishambar Nagar
Tel. 71121

56. New Dimple
Raj Bagh

57. New Happy Houser
Raj Bagh

58. New Nagin View
Bhagwanpora

59. New Sun Shine Lodge
Hazuri Bagh

60. Nishat View
Raj Bagh

61. Panorama
Raj Bagh

62. Paradise
Magarmal Bagh
(Tel. 77281)

63. Raj Bagh
Raj Bagh

64. Rajdoot
Miskeen Bagh

65. Riyaz
Bihamber Nagar

66. Rock Castle
Brain, Nishat

67. Roma
Kohna Khan

68. Sagina Lodge
Wazir Bagh
(Tel. 74882)

69. Sajad
Rawalpora

70. Sapna
Karan Nagar

71. Samrat
Old Gagribal Road
(Tel. 76763)

72. San's Lodge
Amira Kadal

73. Shalimar
Naqqashpora, Sathu

74. Shan
Sheri-i-Kashmir
Colony
(Tel. 77858, 73157)

SHIKARA (Sightseeing of Lakes & River Jehlum)
TARIFF

	Single fare for full Shikara Rs.	Return fare for full Shikara Rs.	Specified period for the trip Per
1. From any registered ghat on Boulevard to Nishat ans Shalimar Gardens via Kabutar-Khana and char-chinari.	29/-	46/-	6 hours
2. From any registered ghat on Boulevard to Nishat via Kabutarkhana and Char-chinari.	21/-	31/-	4 hours

3.	From any registered ghat on Boulevard to Shalimar via Kabutarkhana and Charchinari.	21/-	37/-	4½ hours
4.	From any registered ghat on Boulevard to Charachinari and Cheshmashahi (excluding Charchinari ghat).	...	29/-	3 hours
5.	From any registered ghat on Boulevard to Naseem or Hazratbal or Nagin.	23/-	35/-	5 hours
6.	From any registered ghat on Boulevard to Vier.	23/-	35/-	4 hours
7.	From Dalgate Ist Shikara ghat to Nehru Park.	7/-	15/-	2½ hours
8.	Dalgate Ist ghat to bathing boats.	9/-	17/-	3 hours
9.	Nehru Park to bathing boats.	6/-	9/-	1½ hours
10.	From any registered ghat on River Jehlum to Nishat and Shalimar via Kabutarkhana and Charchinari.	35/-	52/-	6½ hours
11.	From any registerd ghat on River Jehlum to Charchinari and Cheshmashahi.	22/	32/-	5 hours
12.	From any registered ghat on Jehlum to Nishat or Shalimar via Kabutar-Khana & Charchinari.	35/-	46/-	6 hours

13.	From any registered ghat on River Jehlum down to Vier.	14/-	28/-	4 hours
14	Nagin Club to bathing boats.	6/-	9/-	1½ hours
15.	Visits to Houseboats on Dal Lake or River Jehlum.	6/-	for half an hour or part thereof per Shikara.	
16.	From any registered ghat on Boulevard to Charchinari or Cheshmashahi.	15/-	23/-	4 hours
Crossing				
17.	Crossing in 'Nagin from East to West and Vice-Versa.	6/-	12/-	For half an hour or part thereof per Shikara.
18.	Nehru Park Ghat to Park and vice-versa.	0.25	0.50	Per head
19.	Charchinari landing deck (ghat to Charchinari Island)	6/-	10/-	Per head per 2 hours.

NOTE:—

1. The carrying capacity of Taxi Shikara is restricted to five adults or three adults and four children.
2. Additional Oarsman, if arranged for one day of 6 hours will be paid Rs. 25/- per day.
3. Charges for engagement of Shikara for 6 hours for casual Shikara ride on Dal and Nagin Lake will be Rs. 25/- per day.

4. Halting charges beyond the specified period will be Rs. 2/-for every hour or part thereof.

5. Overloading is not permitted.

TAXI TARIFF FOR SIGHTSEEING

Achabal-Kokernag-Daksum (return)	...	300.00
Aharbal falls (return)	...	280.00
City Sightseeing (return)	...	50.00
Gulmarg (one way)	...	200.00
Gulmarg (Return)	...	250.00
Khirbhawani-Manasbal	...	140.00
Light and Sound Show (return)	...	60.00
Ladakh (one way)	...	1575.00
Ladakh 7 days trip (return)	...	3150.00
Mughal Gardens and Harwan (return)	...	75.00
Pahalgam (One way)	...	250.00
Pahalgam (return)	...	300.00
Pahalgam via Achabal and Kokernag	...	370.00
Shankeracharya Temple (return)	...	40.00
Sonamarg (return)	...	300.00
Verinag (return)	...	300.00
Wullar Lake round trip	...	250.00
Yusmarg (return)	...	250.00
Tangmarg Return		180.00
Tangmarg Drop		150.00
Pahalgam Via Achabal, Kokernag Return		400.00
Achabal Kokernag Pahalgam Drop		320.00
Kheerbhawani Mansbal Return		170.00
Lolab Valley Return		350.00
Naranag Return		250.00

TAXI FARES

(i) Point To Point Fare From Tourist Receiption Centre.

	Rs.
T.R.C. Airport Drop	50.00
Airport T.R.C.	40.00
Airport Return	85.00
City Round	55.00
Moghul Gardens	80.00
Moghul Gardens Round	95.00
Shankercharya Tèmple Return	45.00
Light and Sound Show Return	70.00
T.R.C.—Chashmashahi—Parimahal Return	60.00

(ii) Fares Per Kilometer

Taxi Cabs Four Wheelers.

a) For first two kms. or part thereof ... Rs. 3.10

b) For subsequent 150 Mtrs. or part thereof Paise28.50

c) The above rates shall be applicable within Municipal Town Areas and Notified Areas Limits.

One third of the normal rate shall be payable in case the Motor Car returns empty from a distance beyond Municipal, Town Area or Notified Area Limits

Daily Rates.

a) Per day i.e. 11 hours with two hours. break subject to maximum of 110 Kms. Rs. 123.00 Plus cost of fuel.

b) Duty hours exceeding nine hours on any day extra charge per hour payable. Rs. 7.35

c) Kilometerage exceeding 110 Kms. on any day extra charge per Km. payable. Rs. 2.45

Fare Rates for 2 seater, 3 wheeler Auto Rikshaws.

a. For Ist Kilometer or part thereof. Rs. 1.23
b. For subsequent 150 meters or part thereof. Paisa 16
c. Detention charges for every 5 minutes. Paise 40
d. 50 paise for each package in case dimension exceeds 30 cms×50 cms.

(iii) Long Distance Fares

Jammu-Srinagar Route or Vice-Versa.

a) Fare per passanger per seat. Rs. 135.00
b) Full fare. Rs. 540.00

	Single journey	Return journey
Srinagar-Leh.		
i. Per Passanger		
a. Taxi Cars.	393.75	787.50
b. Jeep (petrol/Diesel).	452.80	905.65
c. Jonga (6-Seater)	315.00	630.00
ii. Full fare.		
a Taxi Cars.	1525.00	3150.00
b. Jeep (petrol/Diesel).	1811.25	3622.50
c. Jonga (6-Seater).	1890.00	3780.00
Srinagar to Kargil.		
i. Per Passanger.		
a. Taxi Cars.	218.75	437.50
b. Jeep (petrol/Diesel).	251.55	503.15
c. Jonga (6-Seater).	175.00	350.00
ii. Full Fare.		
a. Taxi Cars.	875.00	1750.00
b. Jeep (petrol/Diesel).	1006.25	2012.50
c. Jonga (6-Seater).	1050.00	2100.00

Kargil to Leh.

i.	Per Passanger.		
	a. Taxi Car.	175.00	350.00
	b. Jeep (petrol/Diesel).	201.25	402.50
	c. Jonga (6-Seater).	140.00	280.00
ii.	Full Fare.		
	a. Taxi Cars.	700.00	1400.00
	b. Jeep (petrol/Diesel).	805.00	1610.00
	c. Jonga (6-Seater).	840.00	1680.00

RESTAURATNTS

	Tel. No's.
Ahdoo's Residency Road.	72593
Alka Salka Sheerwani Road.	—
Broad View New Secretariat Road.	78066
Grand Sheerwani Road.	73242
Gulmarg Regal Chowk.	—
Hollywood Sheerwani Road.	75606
Juniper Lal-Chowk	72253
Kailash Amira-kadal.	73631

Kwality Hari Singh High Street.	75081
Mahalaxmi Lal Chowk.	76286
Mughal Regal Chowk.	
Nedous Maulana Azad Road.	72124/73015/73016
Neelam Neelam Chowk.	75929
Royal Sheerwani Road.	
Ruby Lambert Lane	74724
Solace Sheerwani Road.	72913
Surti Lal Chowk.	72811

BARS

	Tel. No's.
Broadway Maulan Azad Road.	71211
Capri Polo View.	73318/76593

Chinar Dalgate.	—
Crossway Badshah Bridge.	76589
Gulmarg Boulevard.	—
Kolahai Batwara.	—
Labella Poloview.	74819
Marina Regal Chowk.	76598
Naya Kashmir Amirakadal.	—
Nedous	72124
Oberoi Boulevard Road.	71241
Premier The Bund.	76595
Pymana (Shahanshah Palace)	75856

PROMINENT SHOPPING CENTRES AND MARKETS

	Tel. No's.
Government Arts Emporium, Residency Road.	73011-12

Government Central Market, Exhibition Grounds	76874
Shopping Area, Boulevard,	—
Shopping Area, Bund.	—
Shopping Area, Hari Singh High Street.	—
Shopping Area, Lal Chowk and Budshah Chowk	—
Shopping Area, Residencey Road.	—

SIGHT-SEEING COACHES

Tariff for Deluxe Sightseeing Coaches run by State Road Transport Corporation, Tourist Reception Centre, Srinagar.

	Bus Timings	Return fare Rs.	One way fare Rs.
Daksum via Achabal and Kokernag	8-30 a.m.	39/-	...
Gulmarg	9 a.m.	39/-	21/-
Moghal gardens	Daily 8-30 a.m. to 1-30 p.m. & 2 p.m. to 6.30 p.m.	16/-	...
Pahalgam (Direct)	8 a.m.	37/-	21/-

Pahalgam (morning Special service one way only)	8 a.m.	...	21/-
Shankeracharya Hill and Cheshmashahi Garden	Evening Special	15/-	...
Sonamarg	8 a.m.	37/-	21/-
Wullar Lake	8.30 a.m.	33/-	...
Yusmarg	8 a.m.	33/-	...

Full Deluxe Coach on contract for full day Rs. 1494/- including pickup charges.

LIST OF TRAVEL AGENTS/EXCURSION AGENTS REGISTERED WITH TOURISM DEPARTMENT UNDER TOURIST TRADE ACT.

Name of the Travel Agency	Tel. No's.	Location
Adventure Tours	...	Dalgate, Srinagar
Ahdoo's Contour	...	Residency Road
Ajanta Travels	76035	Polo View, Srinagar
Alpine Travels	71568	The Bund, Srinagar
Army Agency	72000	The Bund, Srinagar
Capri Travels	73318	Polo View, Srinagar
Carefree Travels	74617	Polo View, Srinagar
Contour Travels	...	Maulana Azad Road
Continental Travels	74948	Magarmal Bagh, Srinagar
Fairfield Travels	75959	Residency Road, Srinagar.
G.M. Butt & Sons	72175	Dalgate, Srinagar
Gulmarg Travels	75631	Boulevard, Srinagar
Hill Tours	74253	Polo View, Srinagar
Himalayan Agency	72426	Residency Road, Srinagar

Himalayan Carvan Travels	78683	Old Gagribal Road, Srinagar
Indo Arab Air Services		Zero Bridge, Srinagar
Johar Enterprises	73769	Bhagat Barzulla, Srinagar
Johenson Travels	74000	Polo View, Srinagar
Kai Travels Pvt. Ltd.	74180 75373	Tara Bhawan, Boulevard, Srinagar
Karanai Travels	78676 74742	Polo View, Srinagar
Kashmir Express Co. Pvt. Ltd.	72150	Residency Road, Srinagar
Kashmir Himalayan Expedition	73913	Boulevard, Srinagar
Kashmir Package Tours		Hotel Broadway, Srinagar
Kashmir Travel	72801	Polo View, Srinagar
Khazir Travel	77126	C/o Metro Hotel Dal Gate Srinagar
Kolahi Trekking Travels	77677	Polo View, Srinagar
Ladakh Safari Tours	72000	The Bund, Srinagar
Lion Travels	75672	Polo View, Srinagar
Manshah Travels	...	M.A. Road, Srinagar
Mercury Travels	78786	Oberoi Palace Hotel, Srinagar
Mother India Travels	73549	Boulevard Srinagar
Moughal Tours	77248	M.A. Road, Srinagar
Nedous Travels	73016	M.A. Road, Sinagar
Nehru Travels	73341	C/0 Nehru Hotel, Gagribal, Srinagar
New International Travels	77950	Khonkhan, Dalgate, Srinagar

Noor Travels	74231	Boulevard, Srinagar
Paston Travels	77600	Polo View, Srinagar
Rajvik Travels	72511	Residency Road, Srinagar
Razdan Travels Pvt. Ltd.	73259	Polo View, Srinagar
Reshu Baktu Travels	74547	Dalgate, Srinagar
Sabeena Travels	78046	Residency Road Srinagar
Safari Travels	74773	Polo View, Srinagar
Sea & Sky Travels	73587	Polo View, Srinagar
Shah Travels	74119	Dalgate, Srinagar
Shalimar Travels	76395	Polo View, Srinagar
Shiraz Travels	75460	Lambert Lane, Srinagar
Siah Travel Service	77404	Boulevard, Srinagar
Sita World Travels	78891	M.A. Road, Srinagar
Sonaber Travels	77785	Rustumagari Complex, Srinagar
Trade Wings Pvt. Ltd.		Boulevard, Srinagar
Tiger Tops Mountain	73015	The Bund, Srinagar
Trans Himalayan Travels	75096	Polo View, Srinagar
Travel Centre	73573	Polo View, Srinagar
Travel Corporation of India	73525	Maulana Azad
	76714	Road, Srinagar

EXCURSION AGENTS

Canaud Travels	73361	The Bund, Srinagar
Gulrez Travels	75028	Lal Bazar, Srinagar
Himalayan Ventures	74486	Boulevard, Sgr.
Jahangir Travels	75981	Sathuballa, Sgr.
Lark Travels		Saidakadal, Sgr.
Mountain Journey	73670	Nagin, Sgr.
Nishat Travels.		Raj Bagh, Sgr.
Raj Travel Service	—	Old Gagribal, Srinagar

Seagull Travels	Residency Road, Srinagar
Shivalik Travels	Rustumgari Complex, Sgr.
Trek-N-Tour	Lembert Lane, Sgr.
Triveni Travels	Karan Nagar, Sgr.
Universal Travel Consortium Pvt. Ltd.	Boulevard Srinagar

OTHER TOURIST INTEREST TELEPHONES

Jammu &'Kashmir Tourism Development Corportion, TRC, Srinagar

Managing Director	74259
Fiancial Advisor & Chief Accountant	75915
Divisional Manager	72644
Hotel Lala Rukh	72378
Hotel Budhshah	76063
Manager Reservations	76107
Cheshmashahi Hutments	72386

Police

Control Room	100
Fire:	72222
	77555
Tourist Police	77303

Games and Wildlife Preservations

Chief Warden	75411

Fisheries Department

Director fisheries	72862

Hospitality and Protocol

Director Hospitality and Protocol	73504
M.L.A. Hostel	76967
Guest House No. 1	77203
Guest House No. 2	77104
Circuit House	77221
Government Arts Emporium	73011 73012
Northern Railway Agents, Srinagar: M/s N.D. Radakrishen & Co., Budshah Chowk, Srinagar-Kashmir	72929 72798
Kashmir Motor Drivers Association	78672 72711
Hotel Association Booking Counter: Tourist Reception Centre, Srinagar	76631
Tourist Taxi Stand: Lal Chowk Srinagar Tourist Reception Centre, Srinagar	74898 74887
Army Exchange	75681-84
State Road Transport Corporation, T.R.C., Srinagar	72698

Indian Airlines

City Office	73538 73270 76242
Airport	72100 77502
PBX-Airport	76911

CLIMATE

Month	*Tempreature-Mean Maximum*	*Temperature-Mean Minimum*
January	4.4	−2.3
February	7.9	−0.8
March	13.4	3.5
April	19.3	7.4
May	24.6	11.2
June	29.0	14.4
July	30.8	18.4
August	29.9	17.9
September	28.3	12.7
October	22.6	5.7
November	15.5	−0.1
December	8.8	0.1.8

CLOTHING

Spring (March to May) : Light Woollens
Summer (June to August) : Tropical clothing
Autumn (September to November) : Light Woollen with over coat
Winter (December to February) : Heavy Woollens

CLUBS

—Amarsingh Club,
Ram Munshi Bagh, Srinagar-190 001, Kashmir.
Tel. 76848

—Kashmir Govt. Golf Club,
Maulana Azad Road, Srinagar-190 001, Kashmir.
Tel. 76527

—Nagin Govt. Club, Nagin Lake, Srinagar.
Tel. 76517
—Srinagar Club,
Zero Bridge, Srinagar-190 001; Kashmir.
Tel. 72132

At Srinagar facilities for playing Squash and Tennis are available at Amar Singh Club, Billiards at Srinagar Club and Amer Singh Club, and Golf at Kashmir Golf Club on 18 hole course and at 6 hole Palace View course. Admissions by obtaining temporary memberships. *(See also under ACTIVITIES)*

Convention Complex

This convention/Conferemce Complex on the bank of Panoramic Dal Lake near Cheshmashahi provides modern facilities for holding Conventions/Conferences of international standard. The complex has a seating capacity for 400 people excluding 50 persons on Dias and 200 people on Balcony. It also has Meeting Rooms with 250 seats, each capable of being converted into Banquet Hall for 400 people as also smaller rooms to serve as conference rooms. Common facilities of Reception, Lounge and Bar, Cafeteria and Dinning, Music system, Fire fighting equipment, Swimming Pool etc. The facilities of simultaneous translation and sound system are also provided.

Sheri-i-Kashmir Sports Complex

This centrally heated complex at Hazuribagh, Srinagar is the 3rd largest in the Country after

Indraprastha Stadium. It has a capacity of 4050 spectators, planned as per national standards. This sports complex provides facilities for playing Tennis, Basket Ball, Badminton, Table Tennis, Gymnastics, Boxing, Archery, Indoor Raffle range and Weight Lifting. Besides Players warm up rooms/lounges for judges, coaches, press, it has also T.V. plateforms, Commentators/Announcers booths and modern score boards. Facilities of open Tennis Courts of International Standards, Card/Chest/Billiard/Table Tennis rooms library/change rooms and lockers with toilet facilities, Players Association rooms, conference rooms, Restaurent, Public Snack Bar and Ticket booths are also provided.

DOCTORS

Dr.		Telephones: Clinic	Residence
Abdul Ahad	(ENT. Specialist)	75530	73846
G.Q. Allaqaband	(F.R.C.P)	72435	74532
B.L. Bhan	(Urology)	—	73616
B.M. Bhan	(F.R.C.S)	73757	73757
Shakti Bhan	(Gynecologist)	74494	74494
Bilqees Jamila	(Gynecologist)	—	78887
Girja Dhar	(Gynecologist)	72599	73896
H. Durani	(M.R.C.P.)	75537	74589
F. Ashai	(Orthopeadician)	73032	73032
Farhat Hamid	(Gynecologist)	75988	75988
Ali Mohammad Jan	(M.R.C.P)	73700	72409
A.K. Kaul	(Dental Specialist)	73680	73680
M. Ashraf (M.R.C.P.)	(Cardiologist)	72670	73256
Mahmooda Khanam	(Gynecologist)	75983	73839
Manzoor Ahmed	(EYE. Specialist)	73924	73694
R.S. Manhas	(Children Specialist)	—	—
Mehraj-ud-Din (M.R.C.P)	(Cardiologist)	73294	73294
Mohammad Akbar	(Dental Specialist)	73532	75259

Mohamad Maqbool	(ENT Specialist)	—	—
J.A. Naqshbandi	(Gynecologist)	72111	72111
Peerzada Abdul Rashid	(M.R.C.S)	76397	76397
Puran Raina	(Children Specialist)	74930	75500
Daljit Singh Sethi	(Children Specialist)	75344	75951
Tejinder Singh Sethi	(Orthopaedician)	75951	75951
Nasir Ahmad Shah	(F.R.C.P.)	72599	73896
P.S. Sikand	(F.R.C.S.)	73452	78662
R.L. Vaid	(Eye Specialist)	78585	78585
Wazira Khanam	(Gynecologist)	76397	76397
Zahoor Ahmed	(M.R.C.P.)	75983	73839
Zargar Hu	(MS FICS)	76336	76336
			Hospital
M.L. Babu	(Neurology)		72123
A.S. Khuru	(Gastroentrology)		72123
Sushil Razdan	(Neurology)		73262
M. Afzal Wani	(Neurology)		73262

HOSPITALS

Name of Hospital	*Telephones*
Chest Diseases Hospital	73929
Children Hospital	73661
Jawaharlal Nehru Memorial Hospital	77332
Joints and Bones Hospital	73825
Kashmir Nursing Home	72400
Lalded (Ladies) Hospital	73896
Sher-i-Kashmir Institute of Medical Sciences	77467
S.M.H.S. Hospital	76992, 76993 76924, 74594

CHEMISTS

	Tel. No.
Alliya Medicate, Budshah Chowk	—
Amrit Medicate Stores, H.S. High St.	74473
Bhat Pharmacy, Naseem	—

Bindroo Bros, H.S. High Street	73323
Dhar Bros, Dalgate	73841
Dwarika & Co., Budshah Chowk	73205
Ganjoo Medicate, Jawaharnagar	—
Good Will Chemists, Harwan	—
Gousia Medical Hall, Shalimar	—
G. Singh, Lal Chowk	72181
Harkar & Co., Residency Road	72831
International Dispensery, Dalgate	72733
Janki Dass & Sons, Budshah Chowk	74248
J.R. Smith & Co., Lal Chowk	72776
Kawa Medical Store, Nehru Park	—
N Ahmed & Bros, Nishat	—
Natraj Chemists, Lal Mandi	—
Nishat Medicate, Nishat	—
Nagin Medicate, Nagin	—
Purnima Medical Store, Rajbagh	—
Shah Medicate, Shalimar	—
Solomans Medicos, Boulevard	74486
Sunshine & Co, Residency Road	75939
Taj Medicate, Sonawar	—
Zero medicate, Zero Bridge	—

CINEMA HOUSES

Name of Cinema	*Telephones*
Broadway	77177
Firdous	77522
Khyam	75991
Naaz	74778
Neelam	73891
Palladium	77520
Regal	76580
Shah	71555
Shiraz	73703

PLACES OF WORSHIP (MAIN)

Durga Temple, Durga Nag.
Gurdwara Singh Sahib, Chati Padshahi, Kathi. Darwaza.
Hazratbal Shrine (Relic of Prophet Mohammad).
Imam Bara, Hassanabad.
Imam Bara, Zadibal.
Jamia Masjid.
Khanqahi Mir Syed Abdul Qadir Jeelani, Dastgir Sahib.
Khanqahi Mir Syed Ali Hamdani, Khanqahi Moula.
Khanqahi Mohammad Baha-ud-Din Naqashbandi, Naqashband Sahib.
Protestant Church, Munshi Bagh.
Roman Catholic Church, Maulana Azad Road.
Rughnath Temple.
Shahi Masjid, Mujahid Manzil.
Shankaracharya Temple, Shankaracharya Hills.
Shrine of Sheikh Hamza, Makhdoom Sahib.

EMERGENCY

	Telephones
Ambulance	74591—94
Fire	100
Police Control Room	100

PAHALGAM

Ideally situated at the junction of the Lidder and Sheshnag streams and deep in thick pine and fir covered mountains, this valley is very attractive. Originally a small village of shepherds, it has grown into a hill resort. There are exhilarating trecks into forest and very good fishing is available in the mountain streams.

Pahalgam is also a base for the pilgrimage to the sacred cave of Amar Nath and for trekking through beautiful-woodlands and alpine meadows of its side valleys.

How to go

Situated at a distance of 96 kms. from Srinagar, Pahalgam is accessible by road.

WHERE TO STAY

Public Sector Huts

	Rate per day Rs.
One bedroom hut:	
May, June, September and October	90.00
For remaining months	60.00
Two bedroom hut:	
May, June, September and October	150.00
Remaining months	100.00

Three double room hut:	
May, June, September and October	210.00
Remaining months	150.00

Tourist Bunglow

Double room	Rs. 30.00 to 50.00
Addl person	Rs. 5.00

Dormitory

Old	Rs. 3.00
New	Rs. 6.00 to 8.00

Reservation Authority

The Director of Tourism, J & K, Srinagar.

Private Sector Hotels

	Tariff		
	Single	*Double*	*Suite*
Central	110/-	150/- A.P.	—
DAR Camp in tents	Rs. 40/- to 65/- (AP)		—
Grand View Tel. 73		90-130/-E.P.	—
Hill Park Tel. 79	200/-	250/- E.P.	—
Hill View	200/-	250/- E.P.	—
India	100/-	150/-	—
Mansion Tel. 46	200/-	300/- A.P.	—
Mount View Tel. 21	152/-	325/- A.P.	—

Natraj Tel. 25	100-200/- 135-250 E.P.—
Pahalgam (centrally heated) Tel. 26	400 550 725 A.P. A.P A.P.
Pine View Tel. 70, 42. 60	200/- 350/- A.P. —
Plaza Tel. 39	— 250-325 A.P. —
Raj Palace Tel. 38	— 175/- E.P. —
Shepherds Tel. 74	130/- 160/- E.P. —
Volga Tel. 46	125/- 200/- A.P. —
Wood Stock (Centrally heated) Tel. 27	350/- 400/- A.P. —

EXCURSION/TREKS

Amar Nath

Altitude 3962 metres. 46.7 km. (3.5 days trek). The cave of Shri Amar Nath is believed to be the abode of Lord Shiva. The object of worship here is a stalactite, in the shape of a Lingam, formed by water dripping through the limestone roof of the cave. The Lingam waxes and wanes with the moon. People from all over the world visit the scred cave during summer. Each year in the month of Sawn (July-August) several thousand pilgrims start for the cave from Pahalgam to make obeisance on the full moon day. The State Govt. makes elaborate arrangements for the yatra.

Route: Pahalgam to Chandanwari 16 km. Altitude 2895 metres. Pony track as well as a jeepable road with very steep gradients. There is modestly furnished Rest House and pilgrim shelters at Chandanwari.

Chandanwari to Sheshang 11.3 km. Altitude 3574 metres. Poney track. There is a freshwater lake. One can camp at Zojipal or a little ahead at Wawjan where there is a Rest House and pilgrim shelters.

Sheshang to Panchtarni 13 km. Pony track.

Accommodation: Rest House, pilgrim shelters. Panchtarni to Amar Nath Cave 6.4 km. Altitude 3879 metres.

Baisaran

A glen in the pine and fir forests commanding a charming view of the valley, about 152 metres up on the mountainside and a couple of kilometres from the Bazar.

Kolohoi Glacier
35.6 km (3 days trek)

Route: Pahalgam to Aru, 11 km pony track. Altitude 2408 metres. The path winds through woods to the charming meadow of Aru. There the river Lidder disappears at Gurkhumb and reappears after about 27 metres. A broad grassy mountain slope. Camp or stay at the Rest House.

Aru to Lidderwatt 11 km pony track. Altitude 3048 metres. A meadow in dense forests and a picturesque

camping ground. Trek from here to the Sindh Valley Camp or stay in the Rest House.

Kolohai Glacier 13 km pony track from Lidderwatt upto the base of the glacier-3200 metres.

Mamlesvara
A kilometre and a half down the river from the bridge, there is a small ancient stone temple consecrated to Shiva Mamesvara. The temple was built before the 12th century. The name of the builder is not known. There is a stone-lined tank about 1.1 square metres.

Shikaragah
1 day trek.

Sonamarg
(Lidder-Sindh Valley). 74 km (5 days trek).

Tarsar Lake
13 km from Lidderwat or 35 km from Pahalgam via Aru. There are delightful camping sites at Sekiwas about 2.4 km from the Lake. On the way are graceful flower meadows. Marsar another Lake can be visited after crossing a 243 metre high ridge (3 days trek).

Tulian Lake
One day trek via Baisaran.

SUPPLEMENTARY INFORMATION

Altitude 2130 metres

Climate
Pleasant in summer and cold in winter.
Mean maximum and minimum temperature are always less than those at Srinagar.

Season:	Mid-April to Mid-November
Clothing:	Summer : Light woollen
	Winter : Heavy woollen

Club
Govt. Pahalgam Club Tel. 22
Temporary membership available

Fishing
Trout available in the Lidder and Sheshnag streams. For permits and details contact Director Fisheries, Government of J & K, Tourist Reception centre, Srinagar. Tel. 72862

Pony and Tent Rates are Displayed at Important Places in Pahalgam

Activities
Camping
Trekking
Fishing
Golf
Horse-Ridding
Skating

GULMARG

Literally the 'Meadow of flowers', the charming hill resort of Gulmarg was once called Gaurimarg in honour of Gauri, Lord Shiva's wife. Its name was changed in 1581 by King Yusaf Shah, a regular summer visitor. The Mughal Emperor Jahangir once collected 21 different kinds of flowers here.

A convenient base for treks, Gulmarg offers a magnificent view of Nanga Parbat, one of the highest mountains in the world and is an excellent winter sports centre. It also has the highest green golf course in the world, which has recently been relaid by famous Australian golfer, Mr. Peter Thompson.

How to go

Distance 56 kms. from Srinagar, Gulmarg is accessible by road.

WHERE TO STAY

	Rate per day
Huts	
Two bedroom hut:	
May. June, September and October.	150.00
Remaining months.	100.00
Three bedroom hut:	
May, June, September and October.	210.00
Remaining months.	150.00

Four bedroom hut:	
May, June, September and October.	230.00
Remaining months.	160.00
New huts (2 bedroom):	180.00

NOTE: Additional persons to be charged extra.

Hotels

Hotels	*Single Room*	*Double Room*	*Suite*
Gulmarg Inn	200-250	350-400 A.P.	—
	100-140	175-200 E.P.	—
Highland Park	400	500	750-850 A.P.
Kingsley	100	230	—
Nedous	275	375	—
Tourist	(New double room Rs. 110) (Old double room Rs. 10)		Plans-E.P.
Woodland	275	375	500
Yamberzal	230	350	—
*New Tourist Bunglow (Centrally heated)		Winter	Rs. 220
		Summer	Rs. 156

**Managed by JKTDC*

EXCURSIONS/TREKS

Alpather Lake

13 km. At the foot of the main Apharwat peak and behind the ridge separating them from Khilanmarg. The icy waters of the lake, which remain frozen till the

middle of June, carry folating snow. A well graded pony track joins Apharwat Ridge with Gulmarg.

Banibali Nag
2926 metres. A little lake formed by landslides above the Ferozepur Nallah and 5 hours journey from Gulmarg.

Kantar Nag
4039 metres (3 days trip). A lakelet on the top of the mountain.

Khilanmarg
4 km. Carpeted with flowers, Khilanmarg ia a 40 minute uphill journey from Gulmarg. It offers an unrivalled spectacle of the peaks and the wide spreading waters of Wular and other lakes.

Lienmarg
The path to Lien Marg weaves through forests of pine and a succession of glades. The graceful grass covered "Marg" offers excellent camping grounds.

Ningal Nallah
10 km. This stream flows from the snow-bed and springs near Apharwat and Alpather and cuts through picturesque pine forests.

Ziarat of Babareshi
A Muslim shrine 5 km. from the middle gap on the east of the Gulmarg valley. The path leads down through thick forest. The Ziarat or tomb is that of

Baba Payam-u-Din, a noted Muslim saint who lived here during Mughal rule. Both Muslims and Hindus make offerings here.

Golf

Gulmarg, meadow of flowers, is a year round tourist resort. It has an 18 hole Golf course which is the highest green Golf Course in the world. This Golf Course has recently been relaid according to International standards. Gulmarg is a Golfers paradise during summer and provides some of the best slopes in winter for skiing and other wintersports. (See also under ACTIVITIES)

The Srinagar—Tangmarg road passes through extensive rice fields and popular avenues. From Tangmarg—Gulmarg the road offers a pleasant drive through majestic pines and this part can also be covered on foot, by ponies and in jeeps. The buses also directly ply upto Gulmarg during summer and subject to road being through during winter also.

You are advised to carry your Golf sets & balls with you even through these are available in limited quantity for hire. Professionals available for advice.

Winter Sports

Gulmarg 2,653 metre above sea level, is the only ski resort in the high Himalayas. The skiing season operates from 15th December to 15th April. The resort is about 1½ hours drive (60 kms) from Srinagar Airport and 50 kms from Tourist Reception Centre.

Gulmarg provides many opportunities of cross country skiing and ski mountaineering. Ski Equipment is available on hire. Trained Instructors of the Indian Institute of Skiing and Mountaineering impart training in various techniques of Skiing. The Institute also organises short ski courses of 21 days duration on all inclusive basis.

Transport

Transportation from Airport to srinagar is available in Luxury Coaches of Road Transport Corporation. The Road Transport Corpn. luxury coaches also operate from Tourist Reception Centre Srinagar to Tangmarg only while the taxis can be engaged from the TRC itself:—

The rates are:—Tourist Centre to Tangmarg Rs. 140/-(drop) Rs. 180/- (Return).

TRC to Gulmarg (Provided road from Tangmarg To Gulmarg is through for buses during winter months).

Transportation charges from Tangmarg to Gulmarg can either be arranged in jeeps or by ponies. The charges for jeeps are:—

Rs. 10/- (one way) Rs. 20/- (return).

Pony rates from Tangmarg to Gulmarg:

Ist class pony	Rs. 12/- one way	Rs. 20/- return
2nd class pony	Rs. 10/- one way	Rs. 20/- return
Pack Pony	Rs. 10/- one way	Rs. 20/- return
Porter	Rs. 8/- one way	

Sledge rate Rs. 15/- per hour or part thereof.
Ski bearer Rs. 20/- per day.
Labour Rs. 20/- per day.
Rate for labour from GAP to any hotel Rs. 5/-

Skiing Facilities
Imported ski equipment is available for hire from the Ski shop at Gulmarg. The charges are:

Equipment:
Ski Equipment.
Imported, inclusive of Skis, Ski sticks, boots, gloves and goggles. Adults: Old equipment Rs. 10/- (half day), Rs. 20/- (full day), Rs. 85/- (5 day-week).

Adult: New equipment Rs. 20/- (half day), Rs. 40/- (full day), Rs. 160/- (5 day-week).

Child: Old Equipment Rs. 5/- (half day), Rs. 10/- (full day), Rs. 42/- (5 day week). New Equipment Rs. 10/- (half day), Rs. 20/- (full day), Rs. 80/- (5 day-week).

Ski jackets . . . . Rs. 4/-
Ski Trousers. . . . Rs. 3/-
Ski suite . . . . . Rs. 10/-

Ski Bobbing.
Adult Rs. 8/- (half day), Rs. 12/- (full day), Rs. 40/- (5 day week).
Child Rs. 4/- (half day), Rs. 8/- (full day), Rs. 25/- (5 day week)

Tobaggan sledges
Adult Rs. 3/- (half day), Rs. 5/- (full day).
Child Rs. 1/- (half day), Rs. 2/- (full day).

Instructions:
Ski bobbing lessons:—Rs. 5/- per hour per adult/ child. Ski lessons in a group Rs. 20/- per person per day.

NOTE :
Lessons in skiing and ski bobbing are given by trained instructors of the Indian Institute of Skiing and Mountaineering at Gulmarg. No concessional ski-instructor be engaged.

Ski-Lifts
There is a chair lift and some ski lifts for transportation of skiers. The rates for these are given below:—

1/- French ski lifts:—These are three ski lifts operated by the Jammu and Kashmir Tourism Department on three different slopes. Same ticket is valid for all the three lifts:—

Single trip	Rs. 1/- (adult)	Rs. 1/-	child below 12 yr.
Half day	Rs. 20/- (adult)	Rs. 10/-	child below 12 yr.
Full day	Rs. 30/- (adult)	Rs. 15/-	child below 12 yr.
One week	Rs. 150/- (adult)	Rs. 75/-	child below 12 yr.

Chair lift: —There is a 500 M. chair lift which gives a ski run of about 900 M. There is also beginners T-bar operated by the Winter sports project. This has 200 mtr. long ski-run.

	Chair lift	*Child below 2 years*
Single trip (one way)	Rs. 40/-	Rs. 2/-
Return trip (both ways)	Rs. 6/	Rs. 3/-
10 trips (one way)	Rs. 30/-	Rs. 15/-
20 trips (one way)	Rs. 55/-	Rs. 25/-
Ski lift T-Bar		
Single trip	Rs. 1/-	Rs. 0.50
10 trips	Rs. 9/-	Rs. 4/-
20 trips	Rs. 18/-	Rs. 10/-
day ticket	Rs. 25/-	Rs. 12/-

Ski. Courses

The Indian Institute of Skiing and Mountaineering organises 21 day courses. The charges for these are:—1/ Fees for persons of the age of 30 years and above: Rs. 1400/-

2/ Fees for persons below the age of 30 years: Rs. 800/-

3/ Fees for foreigners irrespective of age: Rs. 1400/-

4/ Fees for persons of the age of 30 years and above who make their own lodging arrangements: Rs. 900/-

Winterized accommodation in Tourist huts and centrally heated tourist bungalow available. Hotels High Land, Park, Woodlands remain open with indigenous heating arrangements during winter.

NOTE: For further details on the ski project contact Department of Tourism, Government of

India, Gulmarg Winter Sports Project, Sukh Niwas, Rajbagh, Srinagar, or Principal, Indian Institute of Skiing and Mountaineering, Gulmarg: Tel. 46, 47 Cable: SKISCHOOL GULMARG, or Director of Tourism, J & K Government, Srinagar.

CLUB

Government Golf Club
Temporary membership available at Rs. 2/-per day.

ACTIVITIES

Trekking.
Golf.
Horse Ridding.
Skiing.
Skating.

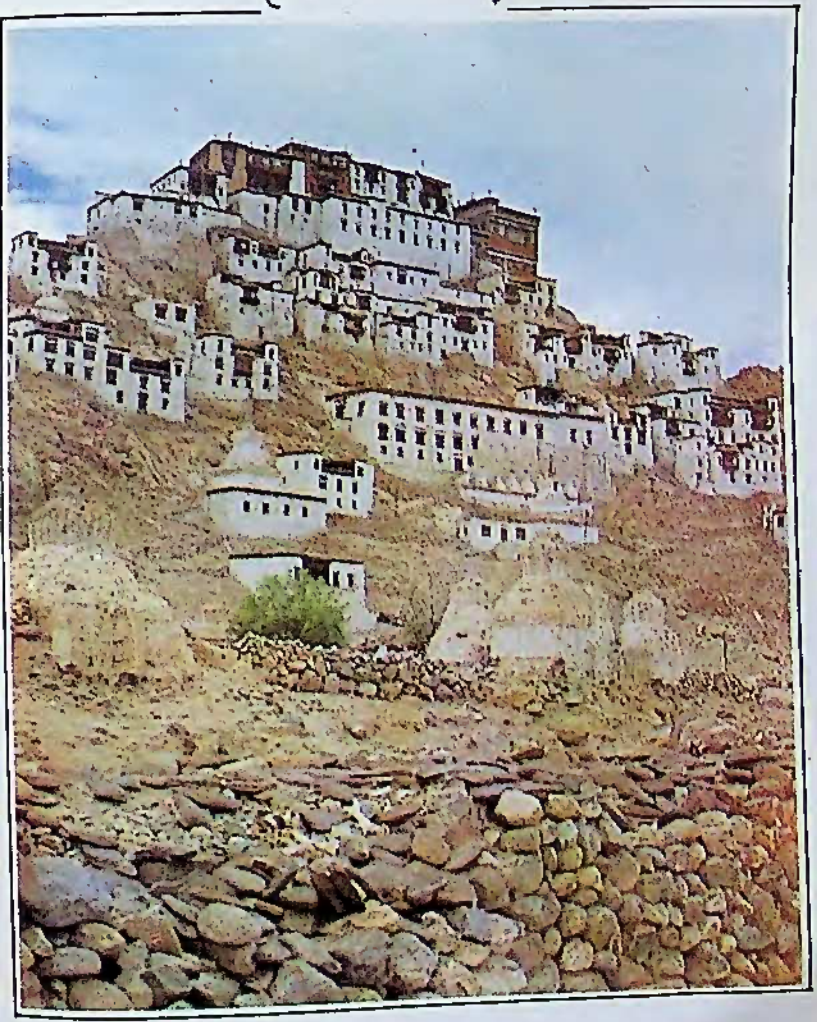
SUPPLEMENTARY INFORMATION

Altitude: 2730 metres
Banks/Money Changers
State Bank of India

Climate

Season May to October
Mid December to March for skiing
Clothing Summer Light woollen
Winter Heavy woollen

Ladakh



NOTES

Ladakh

Beyond the Kashmir valley lies Ladakh, the land of unsurmountable mountains and fascinating monasteries. Ladakh, the abode of rare kiang and highland Yak. Leh, its capital city, lies at the tri-junction of the historic 'silk route' from Sinkiang to West Asia and to the plains of India. Situated at 3500 metres in the hills of Karakoram range, 7 km. off the banks of Indus, leh was visited by the Chinese traveller Fa-Aien in AD 400. It is an exotic land of rich art treasures—timeless tankas or painted scrolls; and of paintings and murals with tantric symbols; testifying a glorious civilisation that once survived.

KARGIL

Private Sector Accommodation

	Tariff (in rupees)	
	Double	*Single*
"B" Class		
High lands	300/- AP	—
Hotel D. Zojila	240/-AP	
		—
International	250/- AP	—
"C" Class		
Green Land	170/-AP	—
	90/- EP	60/- EP
Nunkun	60/- EP	—
Suru View	50/- EP	—

"D" Class

Argali	15/- EP	—
Deluxe	20-30/- EP	—
Evergreen	25-30/- EP	—
Lylo	25-30 EP	—
Marjina	30/-EP	—
New Light Hotel	20/- EP	—
Popular Chache	20/- EP	—
Sushila	20/- EP	—
Yaktail	20/- EP	—

Public Sector Accommodation

Tourist Bungalow, Drass
Tourist Bungalow 1 & 2, Kargil
Tourist Bungalow, Mulbek
Tourist Bungalow, Panikhar (under construction)
Tourist Bungalow Padam-Zanaskar (under Construction)
Circuit House, Kargil.

Tariff:—Rs. 45/- for VIP Room, 25/- for ordinary room.
Rs. 4/- for bedding per head.

Catering facilities available. For reservation write to Tourist Officer, Kargil.

There are PWD Rest Houses, at Sankoo, Rangdum and Bodh Kharbu. Reservation in these Rest Houses can be made through Executive Engineer, PWD, Kargil.

BANKS (with foreign exchange facilities)
Jammu & Kashmir Bank.
State Bank of India.

MISCELLANEOUS

Medical facilities
District Hospital, Kargil

Primary Health Centre at Drass, Sankoo and Padam Zanaskar.

Dispensaries at Pashyum and Mulbakh

Dispensaries at Tripson Tambas and Panikhar	Located on Zanaskar Road
First Aid Centres at Minji, Youlyuk, Mansuru, Parkchick, Rangdum, Tangri, Sani, Karsha, Phe, and Stongchey.	Located on Kargil-Zanaskar Road.

Communication facilties
Post and Telegraph/Telephone facilities are available at Kargil. Besdies, there are post offices at important places of Tourist interest in Kargil District.

Police
There are Police Stations at Drass, Kargil and Leh.

Places of Tourist Interest in Kargil Distt.
Panikhar, Tangola, Parkachik, Shafat, Rangdum, Pensila, Abran, Tungri, Sani, Padam, Bardan (Monastery), Mune (Monastery), Phunkthak (cave

Monastery), Stongade (Monastery), Karasha (Monas-Tery), Zungkhul (Monastery).

LEH
Private Sector Accommodation

	Tariff (in rupees)	
	Double	*Single*
"A" Class		
Indus		
Kang La Chein		
Khangri		
K-Sar.	385-418/-AP	275-302/-AP
Lharimo		
Shambala		
Tsemola		
"B" Class		
Ibex		
Lung-se-Jung		
Omasila		
Ra-rab	275/AP	165/AP
Sodham		
Tibet		
"C" Class		
Choskore		
Himalaya		
Khardongla	220/AP	154/AP
Yak Tail		
"D" Class		
Barcha		
Delux		
Dragon		

Dream Land	110/-	66/-
Hills View		
Khababs		
Khayul		
Phunchokling		

Guest Houses

There are a number of a Guest House in Leh which have been categorized under different classes. The Tariff of these Guest Houses range between Rs. 27/- to Rs. 88/- for a double room and Rs. 11/- to Rs. 33/- for a single room.

I) Upper Class
Firdous
Kailash
Kangla
New Antelop
Samkar

II) Medium Class
Indus
Lasermo
Moon Land
Sheldan
Snow View
Toldan
Zimskhang

III) Economy Class
Choskor (Achi)
Gia
Glacier View
Gomba
Green View
Indus
Iqbal
Joldan
Khan Lodge
Lasermo
Loung snow
Lingte
Malpak
Moon Land
Nazr View
Old Ladakh
Otsal
Padam Khar
Palace View
Palace View (Kidar)

Pal Rainbow
Parwana
Pyog
Sahila
Shalimar
Shelzimkhang
Shera
Skalzang
Skalzang
Snow View
Stream View
Taj Tesi
Tak
Tambo
Two Star
Warila
Zimskhang

Public Sector Accommodation

Tourist Bungalow, Khaltsi.
Tourist Bungalow, Leh.
Tourist Bungalow, Sakti.
Tourist Bungalow, Saspol.

Tariff: Rs. 45/- for VIP room Rs. 25/- for ordinary Room.
Rs. 4/- for bedding per head.

Catering facilities available. For reservation write to Asst. Director Tourism, Leh (Ladakh).

PWD Rest House, Khaltsi (Tariff Rs. 6/- per double Room). For reservation write to the Superintending Engineer, PWD, Leh, Ladakh.

RESTAURANTS

Burman
Chotak
Dream Land
Golden Dragon
Hill Top
Himalaya
Kargla-Chein
Khangri
Lamdon
Suman
Yak Boy

BANKS (with foreign exchange facilities)

J & K Bank
J & K Bank at Karu
State Bank of India

MISLELLANEOUS

Communication Facilities

Post and Telegraph/Telephone facilities are available at Leh. Besides there are post office at important places of Tourst interest in Leh District.

Medical Facilities

District Hospital, Leh
Dispensaries at Khaltsi, Saspol, Chchot, Thiksay & Sabti.

Places of Tourist Interest in Leh District and Their Distances From Leh

Monastery	*Distance from Leh*
Alchi	67 kms
Basgo	39 kms.
Chemray	42kms.
Hemis	43kms.
Lamayuru	127 kms.
Likir	61 kms.
Matho	27 kms.
Phzang	17 kms.
Rizong	74 kms.
Sankar	2 kms.
Saspol	62 kms.
Shey	15 kms.

Spituk	9 kms.
Stakna	26 kms.
Stok	17 kms.
Taktak	46 kms.
Thiksay	20 kms.

TARIFF OF TAXIS FOR LADAKH DISTRICT

	One way	*Return Trip*
Srinagar-Leh		
a/ Taxi Car	1575/-	3150/-
b/ Jeep (petrol/diesel)	1811/-	3622/-
c/ Jonga (6 seater)	1890/-	3780/-
Kargil-Leh		
a/ Taxi Car	700/-	1400/-
b/ Jeep (petrol/diesel)	805/-	1610/-
c/ Jonga (6 seater)	840/-	1680/-
Leh-Zanskar (Jeep only)		
a/ Leh-Zanskar	3500/-	5100/-

TRAVEL AGENTS

The following are the Registered Travel Agencies in Leh:—

Dragon Tour & Travel.
G-2 Tour Operator.
Himaliya Tour & Travel.

In addition, the branches of following agencies are also operating in Leh.

Artoo Travel Agency (I).
Himaliyan Karwan.
Ladakh Safari Tours.
Sita World Travel.

TENT EQUIPMENT

Available at fixed rates.

Reservation: Contact or write to the Assistant Director of Tourism, Leh or the Tourist Officer, Leh/ Kargil.

SIGHTSEEING

The Jammu and Kashmir Road Transport Corporation operates daily buses between Srinagar and Leh which involves a night halt at Kargil. Jeeps and Taxis also available.

PLACES OF INTEREST

Leh is a town of small lanes and bylanes which is thronged by tourists for seeing the "last Shangrilla", the "hermit kingdom", and to stroll in the bazars. Some of the important places are listed below.

Leh Khar Palace

Built in the mid 16th century by Sovang Namgyal, the palace stands like a sentinal overlooking the town. Inside there are old wall paintings depicting the life of the Buddha. The small corridors have 100-year old tankas or painted scrolls, statues and other armaments which convert it into a Museum.

Leh Monastery

Soaring above the place on crags, the monastery dominates both the palace and the town, showing the supremacy of the "Spiritual king". The monastery houses a solid golden statue of the Buddha, painted scrolls, ancient manuscripts and wall paintings.

Leh Mosque

Built in 1594 by Singe Namgyal, a tribute to his

Muslim mother, the Leh mosque, an exquisite work of Turko-Iranian architecture, stands majestically in the main bazar.

Tsemo Gompa

One of the royal monasteries, Tsemo gompa, located near the palace, is known for its two-storeyed statue of Chamba Buddha in a sitting posture.

EXCURSIONS

Leh is a convenient base for visiting different monasteries. Buses play daily from leh to most of the monasteries during summer. However taxis and jeeps can be engaged.

Alchi Gompa

135 km. from Leh and 5 km. off the Saspol village, this roving monastery consists of six temples which contain a chorten, seated Buddhas and exquisite paintings. Over ten centuries old, profusely painted walls depict the events of the Buddha's life, lamas and musicians.

Choglamsar

A place full of flowers and plants which are grown fantastically at such high altitudes. Polo and Golf grounds offer the adventurers a rare opportunity of such sporting activities. From Choglamsar to the summer palace of the king, it is an exhilarating journey through beautiful trees and fragrant flowers.

Hemis Gompa

49 km. The biggest monastery in Ladakh. On ente-

ring the valley one sees this grand specimen of great architectural feat on a green hill. Colourful flags flutter on the four pillars in the courtyard against the backdrop of white walls and a blue sky. The monastery contains quite a few gold statues and stupas decorated with precious stones. It has a superb collection of tankas, including the largest which is exhibited once in eleven years (the last time it was displayed in 1980).

Every year in June, a colourful festival, marking the birthday of Guru Padmasambhava is held here. Masked dancers with slow steps and loud music are supposed to fight away the demons.

Lamayuru

125 km. On the Leh-Srinagar road, this is the oldest monastery dating back to the tenth century. It has fascinating caves carved out of the mountain. Some rooms are richly furnished with carpets. Tibetan tables, prized tankas and the ever lit tiny lamps.

Likir Gompa

A few kilometres away from Alchi, a scenic road passing through rocky mountains and the river, takes you to this gompa which contains a great deal of enormous clay statues of the Buddha in different forms. The exquisite murals and frescoes belong to the ninth century.

Mulbek Monastery

190 km. On the Leh-Srinagar highway, this monastery has a huge image of Buddha carved out of rock

on the side of the road. It is perched on a high rock and houses some invaluable relics.

Phiyang Gompa
20 km. On the Leh-Srinagar road in this gompa of the red sect of the Buddhists. It possesses excellent statues and tankas.

Shankar Gompa
3 km. The only monastery built on plain, is the seat of the yellow sect of the Buddhists. It has a formidable collection of miniature statues of pure gold and a number of exciting wall paintings. This is a modern monastery with electricity, yet it is an ancient edifice which has a huge statue of eleven heads and 1000 hands, a form of Avalokeshwara. Another satue of Chanzeri with 1000 eyes, 1000 arms and 1000 legs in a gorgeous representation of a Buddhist diety.

Shey Palace and Monastery
15 km. This is the summer palace of the erstwhile rulers of Leh, surrounded by picturesque gardens. Built in 1945, the palace has the largest victory stupa, topped with pure gold. There is a spectacular double storeyed statue of Chamba or Maitreya Buddha in a sitting posture. Wrought of copper and brass, gilded with gold and silver and studded with precious gems, it leaves the senses breathless.

Spituk Monastery
8 km. On the Leh-Srinagar highway, built on a small hilltop over-looking the Indus river, is the seat of the

head lama. five hudnered years old. this monastery has some prized tankas and huge statues of goddess Kali, whose faces are unveiled once a year. This chamber contains an ancient collection of masks too.

Stakhna Monastery
Completely isolated, an unmetalled road, stretching away from the main road, leads to Stakhna monastery—one of the oldest in Ladakh. The monastery consist of some beautiful old tankas from the tenth century. From the top a splendid view of the Indus river, the mountains and the Thiksay Monastery can be had.

Thiksay Monastery
19 km. On way to Hemis, is this eight century old monastery. It has twelve storeys and consists of 10 temples, 60 resident Lamas and a nnunnery. The chambers are full of statues, stupas, tankas, ancient swords and Tantric wall paintings. Also there is a gigantic pillar engraved with the Buddha's teachings.

SUPPLEMENTARY INFORMATION

Altitude	3,500 metres
Area	96,300 sq. km.

Bank/Money Changer
J & K Bank.
State Bank of India.

Climate Mean Min—35°C

Season May to November
Clothing Summer: Cotton and light woollens
Winter: Woollens

FESTIVALS

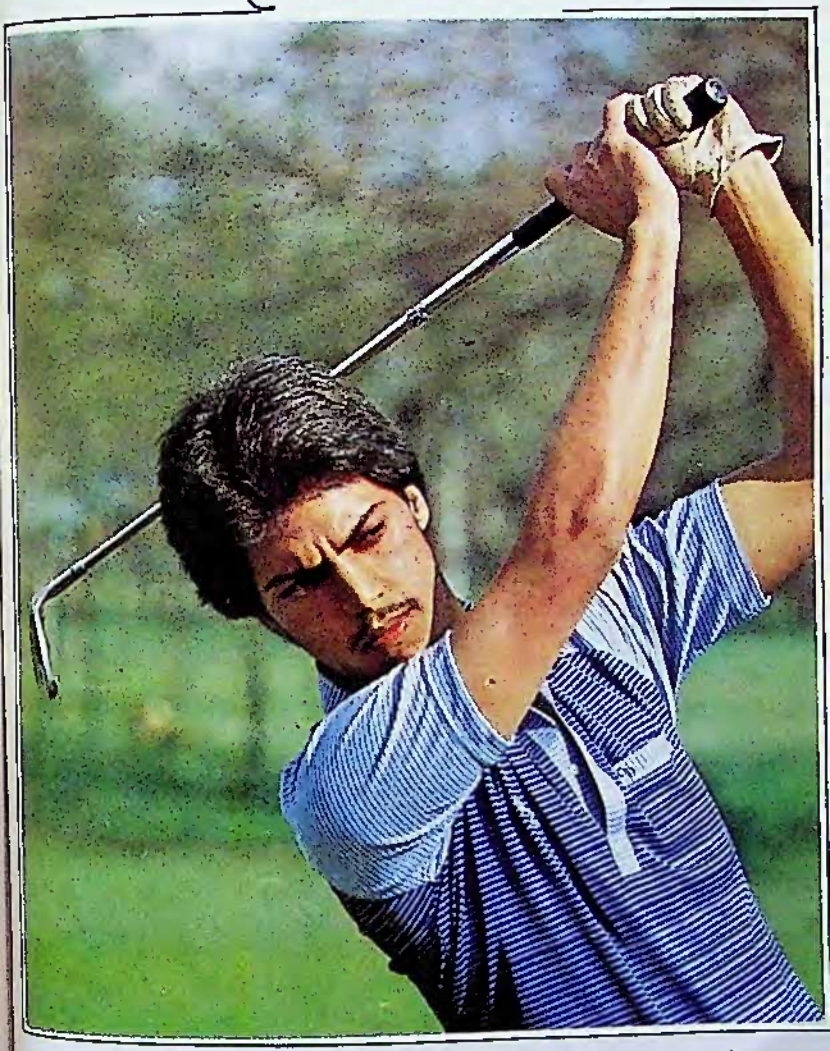
Hemis—June

The most colourful festival is held to commemorate the birth of Guru Padmasambhava, who is beleived to have fought with demons for the safety of the local people. Young and old, lamas and commoners, men and women through to have a glimpse of joy. For three days right from the morning till late in the evening, it is a time of gaity, joy and worship. People from nearby villages come to sell and buy handicrafts and antique. Mask dances are quite famous.

Losar

This is celebrated in the eleventh month of the Buddhist year. Its origin dates back to the 15th century. This festival was celebrated in advance of a battle as it was feared that not many would survive.

Activities



NOTES

GOLF

Perhaps one of the first Golf Courses in India, after the famous RCGC, was undoubtly constructed in Srinagar. The late 19th Century building of the Kashmir Golf Club, is a testimony to it. Play your eighteen holes there, whether you have your golf equipment with you or not, the best teaching professional in India, Gh. Mohd will provide you with everything including a lesson to a beginner or an advice to a more keen golfer on how to cure a slice or a hook. Join a competition, it is a course where you don't have a day off, unless, of course, it is covered with a sheet of snow!

Take a day off and go to Gulmarg. The recently relaid gold course, by Mr. Peter Thompson, is the highest green golf course in the world and is of International standards; 7,000 yards, par 72. For those who have seen older days in Gulmarg, the nine holes of the old course have been retained. Carry your equipment and golf balls along.

Temporary membership at both courses in Srinagar and Gulmarg is open to visitors. Charges nominal.

For absolute beginners, there is Palace Golf Course, a six hole warm-up Course overlooking the famous Dal Lake. And a nine hole keep-in-touch golf course at Pahalgam.

FISHING

Kashmir is an Anglers Paradise and offers most satisfactory Brown Trout fishing in Snow fed as well as spring fed waters from 5000 to 14000 ft. above sea level.

1. Important Tips

I. Fishing commences from Ist April to end of September. (Fishing can start 15 days late or stopped 15 days earlier depending upon the weather/water conditions)

II. Advance provisional booking can be had from Directorate of Fisheries, Tourist Reception Centre—(Telephone No. 72862) on prescribed form to be filled in by the person or by his authorised Agent.

Reservation is made on First come First serve basis. Booking cannot prolong for more than 3 days at a time for fishing as well as for lodging where facilities can be made available to Anglers on request.

2. About Tackles

The Fishing tackle can be hired/purchased from following registered Tackle dealers on reasonable rates.

Name of the registered tackle holders	*Telephone No.*	*Situations*
H. Gaffera & Sons.	74599	The Bund Srinagar.

M. Gafara and Sons.		The Bund, Near Ahdoos Hotel, Sgr.
Munawar Shah & Sons	72793	Opp. Grindlays Bank Srinagar.

Note:— The Anglers are advised to purchase/hire tackle from Registered dealers only.

Beats:— Trout beats are spread all over the valley and most of them are Jeepable/Motorable.

Some Important Locations are:—

Lidder in Pahalgam.
Bringhi in Kokernag.
Erin/Madhumati in Bandipora.
Ferozpora in Tangmarg.

Mughal Maidan in Kishtawar &	IN
Neeru in Badrwah	THE
Kishen Ganga, Gurez valley.	PLAIN
Kokernag.	SPRING
Kotsu.	FED
Verinag.	
Gangabal.	
Kishensar.	HIGH
Vishansar.	ALTITUDE
Sheerasar.	LAKES

3. Licences

The Licences can be had from Directorate of Fisheries from 10.AM to 2.PM on every working day at Rs. 75/- per rod per day. For Tourists, fishing is allowed from Monday through Saturday (6 days).

Licences issued are non-tranferable and non-shareable.

Service for gillies on payment of Rs. 25/- per day are available in all the Trout Beats.

Trout Fly-Fishing
Enjoy Dry and Wet fly fishing. Spinning is strictly prohibited. No Spinning/Rod/Reel allowed.

Some Recommended Flies.
Alexandria.
Butcher.
Coach man.
March Brown
Muddler
Nymphs.
Peak cock.
Teel and Green.
Watsons and Fency.

Record: 14.5 lbs. has been highest landed record of Captured trout Fish.
No live bait is allowed during fishing.
Two rods are allowed for one beat.

Bag limit Restricted to six above 25 cm.

Rod and Line (Carp Fishing) in and around DAL LAKE—Rs. 20/-
For further details please contact Directorate of Fisheries, Tourist Reception Centre, Srinagar. Tele No: 72862. After office hour Tele No. 72863. And Nowabad Canal Road, Jammu. Tele No. 47804.

WILD LIFE

In Jammu and Kashmir a great diversity in the floristic, climatic and altitudinal conditions have led to an environment ideal for a rich variety of Wildlife. It bears a distinction of harbouring both oriental and european genera. The State sustains about 50 species of mamals and more than 300 species of birds which includes unique and rare species such as Kashmir Stag, Musk Deer, Markhore, Serow, Ovis Amon, Wild Yak, Wild Ass, Snow Leapard, Brown Bear, Monal-Pheasant, Western Tragopan, Black Necked Crane, Bar-headed Goose, Eastern Grey Heron, Bearded Vulture, etc,. Being located on the flyway route of Siberian water migrants to the plains of India, it refuges quite a good size of these water fowls in various water bodies, thus providing venue for winter sport.

The Department of Wild Life protection has established a net work of protected areas in all the three regions of the State such as, Jammu, Kashmir and Ladakh, which includes three National Parks, two Bio-Sphere reserves, five Wildlife Sanctuaries as listed below, in addition to thirty three Wet Land/ Wildlife Reserves. These areas have been managed scientifically and are visited by Naturalists, Biologists, Conservationsts, Scholars, besides tourists.

Name of the area	*Status*	*Region*
Dachigam	National Park	Kashmir
Hemis High Altitude	—do—	Ladakh
Kishtwar High Altitude	—do—	Jammu

Gulmarg	Biosphere Reserve	Kashmir
Overa-Aru	—do—	Kashmir
Overa	Wildlife Sanctuary	Kashmir
Ram Nagar	—do—	Jammu
Nandni	—do—	Jammu
Trikuta	—do—	Jammu
Surin Sar	—do—	Jammu
Mansar (Patwar)		

Licence Fee & Season

a) Kind of Licence	*Category of person*	*Licence Fee Payable*
Special Game	i) Citizen of India	Rs. 1000
	ii) Foreigner	Rs. 3000

A licencee may shoot any one of the following species subject to the following conditions:—

Species	*Bag limit*	*Size of Horn/ trophy*	*Royalty payable*		*Shooting Season*
			Citizen of India	*Foreigner*	
Himalyan Brown Bear.	One	150 Cms. from nose to tail tip	Rs. 200	Rs. 500	15th May to end of Oct.
Sorow	One	20 Cms.	Rs. 200	Rs. 500	16th April to 15th Oct.
Wild Yak	One	60 Cms.	Rs. 200	Rs. 500	—do—

Provided that the Chief Wild Life Warden/Wild Life Warden may prohibit the licencee to shoot a particular species or any species in a particular area.

In case a licencee shoots animal(s) below the specified minimum size of the trophy/horn he shall be liable for penalty equal to twice the licence free. Besides, the release of trophy shall be at the descretion of Chief Wild Life warden/Wild Life Warden authorised officer.

b) Kind of Licence	*Category of person*	*Licence fee payable*
Big Game	i) Citizen of India	Rs. 500 full season Rs. 300 for (60 days)
	ii) Foreigner	Rs. 1500/- full season Rs. 1000 for (60 days)

Species	*Bag limit*	*Size of Horn Trophy*	*Fee/Royalty payable*		*Shooting Season.*
			Citizen of India	*Foreigner*	
Barking Deer	One	8 cms.	Rs. 50	Rs. 250	16th Oct to end of Feb.
Hog Deer	One	30 cms.	Rs 50	Rs. 250	—do—
Ibex	One	80 cms.	Rs. 100	Rs 500	16th April to 15th Oct.
Bharrel	One	60 cms.	Rs. 100	Rs. 500	—do—
Sambar	One	75 cms.	Rs. 100	Rs. 500	15th Dec. to end of March
Chital	One	60 cms.	Rs. 100	Rs. 250	—do—
Himalayan Thar	One	30 cms.	Rs. 100	Rs. 500	—do—
Goral	Two	8 cms.	Rs. 100	Rs. 300	—do—
Tibetian Antelope	One	22 cms.	Rs. 100	Rs. 500	16th April to 15th Oct.
Neilsar	One	15 cms.	Rs. 100	Rs. 500	16th Oct. to end of Feb.
Himalayan Black Bear	Two	150 cms from nose tip to tail	Rs. 100	Rs. 200	15th May to end of Oct.
Tibetian Wolf	Two	80 cms. from nose	Rs. 50	Rs. 250	16th April to 15th Oct.

		to tail tip			
Wild Pig	Two		Rs. 50	Rs. 250	15th Oct. to end of Feb.

c) Kind of Licence	*Category of person*	*Licence fee payable*
Small Game	i) Citizen of India	Rs. 125 full season Rs. 100 (60 days) Rs. 75 for 15 days or less
	ii) Foreigner	Rs. 300 full season Rs. 250 for 60 days Rs. 200 for 15 days or less

Species	*Bag limit*	*Shooting season*	*Royalty*
Snipe, wood cock and sand grouse	10	Ist Sept. to 16th March	For Ist extra of five over bag limit Rs. 5 per bird
Greese, ducks and Teals	20	16th Oct. to 7th April	
Chakore, partridges and jungle Fowl	10	16th Oct. to end of Feb.	b) For birds above extra five Rs. 50 per bird.
Snow cock (Ram Chokre) and snow partridge	6	16th Oct. to 31st May	
Dove (Kulmova)	15	—do—	
Hare	5	16th Oct. to 31st March	
Pheasant	5	16th Oct. to 31st March.	

Licensing Authority

Chief Wildlife Warden,
J & K Government,
Tourist reception Centre,
Srinagar.
Tele No. 75411.

Wildlife Warden,
Jammu Tawi.

Wildlife Warden,
Tourist Reception Centre,
Srinagar, Tel. 71773.

TREKKING

J&K State offers wide variety of trekking possibilities. The foothills of Shivalik range offer trekking routes in Jammu area. The Kashmir valley provides a number of alpine treks. Ladakh offers excellent opportunities and represents the true Himalayan trekking grounds. Detailed information about various trekking itineraries are given in a separate folder "Trekking in Kashmir and Ladakh". The Department has specially published a trekking route map of the State through Survey of India which can be purchased at different State Tourist Offices. The Department of Tourism has also set-up a trekking equipment hire shop in Tourist Reception Centre, Srinagar where important equipment such as light mountain tents, sleeping bags, ruck-sacks, boots etc are available on hire.

Itineraries of some famous trekking routes in Kashmir and Ladakh are given below.

A Note of Caution:—
ENVIRONMENT PROTECTION

In view of the large number of trekkers visiting our mountains, it is essential that all adventure and wild life loving people co-operate with us to preserve the environment. All garbage should be properly disposed by burying it in a pit. All trekkers must remember that there would be many more who will follow them so please "Keep the mountains clean"

TREK 1

Kolahoi Glacier

Grade	**: Easy.**
Maximum Altitude	**: 3795 M.**
Duration	**: 4 to 6 days**
Suitable Time	**: Mid May–Mid Oct.**

A most gradual trek which does not involve crossing of any pass etc. Built up accommodation at two possible night halts is available. The day to day itinerary is:—

Day One: Srinagar-Pahalgam: 96 Kms.
One can drive from Srinagar to Pahalgam (2150 M) in regular or a luxury coach or in a taxi. This is the take off point for many treks such as Amarnath, Suru Valley etc. Accommodation in hotels, huts, guest houses and camps is available. Ponies/porters can be engaged through Tourist Officer. Rations, tinned food etc. can be purchased here.

Day Two: Pahalgam–Aru: 11 kms.
There is a rough road from Pahalgam to Aru (2414 M). Taxis can go on the road. Ponies take about 3 hours. The road follows the Lidder stream, at a higher elevation, with beautiful views of pines and of Tuliyan peak above Pahalgam. Aru is a small village situated at the end of a meadow. The whole meadow is traversed by a stream coming from Armiun side of Kolahoi. Accommodation in a hotel, a Rest House and Guest Houses, Tourist Bungalow. Aru is soon to have a Mountaineering and a winter Sports Institute.

Day Three: Aru–Lidderwatt: 11 kms.

There is an ascent of about 500 feet immediately after leaving Aru but then the trail becomes almost flat with some gradual ascent sometimes. It is now more near to Lidder stream and the entire track except for some patches is under the forest cover. The distance can be easily covered in about 3 hours. Lidderwatt (3000 M) is a small meadow with river on two sides. Before reaching the meadow one has to cross the stream coming from Kolahoi glacier. There is enough camping ground. Water is available in plenty. For accommodation, in addition to one's own tent, there is a Public Works Department Rest House and a Alpine hut of Tourism Department. The meadow is in a depression and the view is closed on all sides. One can hike up the mountain at the back to have some good views.

Day Four: Lidderwatt–Kolahoi Glacier & Back: 22 kms.

The trek goes through a pine forest and after about two hours comes into open at Satlanjan. A number of small streams have to be crossed by foot-bridges here. There are some shephered huts in the area. Half an hour after Satlanjan one can see the top of Kolahoi peak (5425 M). The trek runs along boulders and scree, and one can go right upto the snoot of the glacier (3500 M) to have a good view of Kolahoi peak which stands alone and is known as Matterhorn of Kashmir. This is the site of base camp for Expeditions attempting to climb the peak. The return can be accomplished in about three hours. The total day

long excursion from Lidderwatt to the base of Kolahoi and back takes about 6–8 hours, depending upon ones pace.

Day Five: Lidderwatt–Tarsar: 12 kms.
Starting along the stream in the East of Lidderwatt is the trek leading to lakes of Tarsar and Marsar. In the early part the trek goes along the stream through a forest and then one has to go over the boulders to reach the mountain lake of Tarsar (3795 M). A number of shephered huts can be seen on the way. The return trip to the Tarsar lake takes about 8 hours. To reach Marsar one has to cross a ridge and descend again, and one may have to camp for the night as it may not be possible to accomplish the trip in one day.

Day Six: Lidderwatt–Pahalgam
The return from Liddrwatt to Pahalgam can be accomplished in about 5 hours. One can same day return to Srinagar also.

Variations
The Kolahoi trek can be accomplished from 4 to 6 days. One can very first day go upto Aru or even Lidderwatt depending upon the means of transport. The trek can be extended to cross over into Sindh Valley by crossing the Yemhar pass.

Services: Ponies/Porters
These can be arranged through Tourist Office. There are fixed rates for various treks/excursions. However,

on an average pony rates are Rs. 30/- to Rs. 35/- per pony per day and porters Rs. 25/- to Rs. 30/- per porter per day.

Tents Etc.
Camping agencies hire out large tents (6 to 10 persons) on day or weekly basis. Other items such as blankets, rain coats, utensils etc. are also available on hire.

Camping Sites
There are many places in and around Pahalgam where one can camp out doors. There are camp-hotels where accommodation in already pitched tents is available.

Pahalgam Club
There is a Government Club which has among other things a Roller Skating rink, table-tennis rooms and a card room. Temporary membership is available.

TREK 2

Amarnath Cave

Grade	**: Moderate**
Maximum Altitude	**: 4218 M**
Duration	**: 4 to 6 days**
Suitable time	**: Mid June-Mid Oct.**

Each year in the month of Shravan (July-August) when the moon is full, thousands of devout pilgrims gather before the Amarnath Cave in the picturesque Lidder Valley to offer their prayers to Lord Shiva.

Situated at a height of 3,800 M in the Himalayas, the cave enshrines a naturally formed ice-lingam, symbol of Lord Shiva, which waxes and wanes with the moon, reaching its maximum dimensions on the day of pilgrimage. This is where, Hindus believe, Lord Shiva explained the secret of salvation to his consort Parvati on a full moon night. Two of the God's servants overheard, and were turned into pigeons, and these according to common belief, can be seen flying away when the devotees gather.

Day One: Srinagar–Pahalgam: 96 kms.
Drive from Srinagar to Pahalgam (2150 M) in a regular or luxury coach or in a taxi. Accommodation in hotels, huts, guest–houses and tents available. Porters/ponies, large tents, camping items, rations, food can be arranged/purchased here.

Day Two: Phalgam–Chandanwari: 10 kms.
There is a jeepable road from Pahalgam to Chandanwari (2,895 M). To enjoy Lidder views, one can also trek along the road. Night stay in Rest House or ones own tent. There are many dhabas (eating places). Water is freely available.

Day Three: Chandanwari–Sheshnag: 12 kms.
The next stage in the trek is from Chandanwari to Sheshnag (3,718 M), the emerald lake. The track follows the left bank of Lidder for half an hour and then it climbs up the steep Pissu Ghati. This is the most tiring part. At the top of the Ghati, the trek flattens out and goes right upto a gorge near the lake.

Here, it again climbs steeply for a couple of Kilometers and then straightens out towards the lake which is on the other side of the stream. To reach the lake one has to descend again. However, many camp sites are available with plenty of water. Two room Rest-House and some shelter sheds are also there. Above the lake are the Trinity peaks with majestic glaciers. Very high winds blow in this area.

Day Four: Sheshnag–Panjtarni: 13 kms.
From Sheshnag the trek follows the stream for some distance and then crosses it towards left, with beautiful mountain scenery on right. Trek slowly climbs towards the highest point—Mahagunus Pass and then descends through a long valley to a flat plain. This plain has been formed by the spreading out of the two streams, one coming from Mahagunus and the other from some peaks and glaciers on the right side. After crossing this flat portion, Panjtarni (3657 M), is your next halt. Good camping ground. Alpine hut. Some eating places in tents.

Day Five: Panjtarni–Holy cave Baltal· 19 kms.
Starting early in the morning from Panjtarni trek upto holy cave (3880 M). The trek just climbs a narrow trail and then descends to the stream coming from Amarnath side. Follow the stream upto the cave. To reach it one has to climb steps. On return from the cave, near Sangam, the join of streams coming from Panjtarni and cave, take the right side. There is a steep climb and then descent all the way to Baltal. Camp for the night in Baltal. If transport is pre-

arranged one can straight away drive from Baltal to Srinagar.

Day Six: Baltal–Sonamarg Srinagar: 94 kms.
Trek from Baltal to Sonamarg (2740 M) 8 kms. First five kilometers along a rough road and then 3 kms. on Leh highway. Sonamarg is a nice comping spot. Tourist huts, Tourist Bungalow, Tents etc. available. Many eating places. Bus for Srinagar from this point.

Variations
One can drive straight upto Chandanwari or even go by poines on the very first day. Thr return can also be made along the same route. If transport is arranged upto Chandanwari and at Baltal, trek can be completed in four days also.

Services: Ponies/Porters
These can be arranged in Pahalgam through Tourist Office. Charges for a Riding pony upto cave and retun to Pahalgam are Rs. 330/- and for pack pony Rs. 320/-. Ponies and porters can be arranged on daily basis also.

Accommodation/Reservation
Accommodation in Rest Houses at Chandanwari, Sheshnag and Panjtarni can be booked through the Assistant Engineer, Public Work Department, Pahalgam. Tents and other items can be hired at Pahalgam, through camping agencies. Be in touch with Tourist Office for all assistance & information.

Rations
Dry rations, tinned food etc. can be purchased in Pahalgam.

TREK 3

Gangabal Lake

Grade	**: Moderate to difficult.**
Max. Altitude	**: 4081 M.**
Duration	**: 7 days**
Suitable time	**: Mid June-Mid Oct.**

Day One: Srinagar–Sonamarg: 84 kms.
Drive from Srinagar in a regular or luxury coach or a taxi. Beautiful drive, 2 hours by car along the Sindh river coming from Zoji La. Sonamarg (2740 M), is a lovely mountain meadow surrounded by high peaks. Many camping spots with water available in plenty. Accommodation in huts, Tourist Bungalow, tents available. Eating places and Shops. Ponies/porters can be arranged through Tourist Office. Short excursions to Thajwas glaciers.

Day Two: Sonamarg–Nichanai: 13 kms.
One has to return along Sindh river upto steel bridge at Shitkari. Trek goes along North-West to Lashpatri. Gradual climb till forest and then some steep portion to reach a plain with Gujar huts called Shokdari. Panoramic views of Sonamarg Valley and Thajwas glaciers and peaks. Passing through a birch forest trek descends into Nichanai nallah. Follow the nallah upstream upto the base of Nichanai pass. Good camping ground. Water available.

Day Three: Nichanai-Vishensar: 12 kms.
Trek from the Nichanai camping ground upstream. May have to cross a snow bridge. After crossing Nichanai nallah trek climbs up on the right side to reach the Nichanai pass (4080 M). Many jagged and pinnacle peaks on the left side of the pass. Descend along the right bank of the stream flowing from the pass. Cross the stream in a flat area to reach Vishensar (3677 M). Two beatiful mountain lakes Vishensar and Krishansar—one blue and the other green. Majestic Mount Vishnu overlooks Krishansar. Lakes full of trout fish but fishing needs a licence from Department of Fisheries in Srinagar. Good camping grounds with plenty of water. In summer many Shephereds in the area. Early morning lake is calm and good reflections of mountains in water.

Day Four: Vishensar–Gadsar: 10 kms.
The trek climbs a steep pass 4191 M on the right of Krishansar. Mount Vishnu on the left side. After the pass descend along the river. Small well shaped lake of deep blue colour with floating ice-bergs on the left. Known locally among shephereds as Yemsar. The Valley broadnes into a large plain. At the foot of mountain another lake known as gadsar (3700 M). The mountain has a huge variety of different herbs and plants. Good camping ground with water available. Fish in the stream.

Day five: Gadsar–Satsar: 10 kms.
From Gadsar there are two possibilities. Immediately above the lake one can trek upto the pass to descend

straight at Satsar. Steep climb. For first kilometer trek difficult to locate due to abundant plant growth. Steep descent to the lake. The other route follows the stream and goes round the mountain. At one point while going upstream towards Satsar, the stream disappears into a huge cave. Satsar (3800 M) consists of seven lakes in a cascade formation. Narrow Valley. Good camping.

Day Six: Satsar–Gangabal: 10 kms.
From Satsar the trek first descends along the stream. Try to keep on the right side on boulders. After about one Kilometer, the trek climbs in a winding way Zaji Mountain. Cross Zajibal Gali (4081 M) to descend straight at gangabal. From the pass very dramatic views of Harmukh and other mountains. Ascent and descent of the pass quite steep. Gangabal (3570 M) has beautiful camping sites. Both Gengabal and Nundkol have trout fish. Best spot is the stream joining two lakes. Frequent thundering noise of breaking glacier from Harmukh. One can spend at least one or two days exploring Gangabal area. One of the loveliest spots in the Valley.

Day Seven: Gangabal–Wangat: 16 kms.
Walk down to Nundkol and follow the stream down. Then small climb and descent to reach Trunkhol. From this spot the trail enters the forest. Steep descent through the forest to reach Naranag. Historical ruins of temple. Walk along the road to reach Wangat. Buses to Srinagar from Wangat. The journey from Gangabal to Srinagar can be made in one day.

Variations
The trek can be extended by staying longer at Krishansar and Gangabal, and can also be undertaken separately for Krishansar (from Sonamarg and back) and Gangabal (from Wangat and back). Take your fishing licence from Srinagar.

Sevices: Ponies/Porters
These can be arranged through Tourist Office in Sonamarg. Usual rates are about Rs. 35/- to Rs. 40/- per pony per day.

Rations/Supplies
It is advisable to buy dry rations etc. in Srinagar itself as there is not much choice in Sonamarg.

Accommodation
Built up accommodation is not available on the Trek. It is advisable to carry ones own light mountain tent to have choice of camping.

TREK 4

Lamayuru-Padam

Grade	**: Difficult**
Maximum Altitude	**: 5060 M**
Duration	**: 8 to 10 days**
Suitable time	**: July-Oct.**

Trekking in Ladakh is mostly through high mountains, completely barren of vegetation. Greenery is limited to the surfaces of river Valleys or wherever there is a streak of water. The climate is extremely

dry—days are hot and nights very cold. In some places one may not even find drinking water. It is advisable to go fully equiped on treks in Ladakh.

Lamayuru is the oldest monastery in Ladakh. It has a very majestic location, on a hill overlooking some ancient glacial remains. It is situated on the Srinagar—Leh highway across the Fatu La pass. This is the starting point of one of the most frequented treks in Ladakh. There is a small restaurant-cum-hotel. Accommodation can also be obtained in the monastery guest house. Ponies/porters can be arranged in the local village. The itinerary given below presumes that the trekker is already in Lamayuru and has made all the necessary arrangements.

Day one: Lamayuru–Chila
Trek from Lamayuru to Chila, crossing enroute Wanla 3245 M. Chila is a small village with a Gompa and an old castle.

Day Two: Chila–Hanupata
To reach Hanupata one has to cross a very steep pass of 4265 M, with loose rock on the trail. Water is a problem as the river is saline. A fresh water well is located halfway to Hanupata village, which consists of about 20 houses and a small Gompa.

Day Three: Hanupata–Photaksar
The route is good with a gradual ascent of 10 to 12 kms to Sirsir La 4900 M. and then steep descent to photaksar. The village is located on a river and is

surrounded by steep mountains with a Gompa. The area is full of Yaks. One has to be very careful with river crossings in the area as it is accident prone.

Day Four: Photaksar–Shanpado Gongma
From Photaksar trek along a gradually ascending trail to Singi La (5060 M). After sometime there is a steep descent for about an hour and then the trail again ascends to the pass. After the pass, one can camp on the other side or proceed further to a small village of 3 houses at an hours walk.

Day Five: Gongma–Linshat
The trail traverses along mountain side gradually ascending to Linshat Gompa which is the religious and cultural centre of the area. The Gompa has 60 lamas. A festival is held in July (18–20th). Some eggs, meat and Tsampa may be available in the village but this is not dependable and one must have ones own supplies.

Day Six: Linshat–Snertse
The trail passes Hulum La 4710 M but is difficult to locate. After the pass the descent is through a wild valley with glacier, snow and water. At the lower reach is Snertse. Shephereds spend summer here.

Day Seven: Snertse–Pidmu
The trail fords a 4 meter wide stream (Omachu) and descends into Zanskar Valley through Hanumil. It is an easy walk.

Day Eight: Pidmu–Pishu

The trail runs up stream along Zanskar river via Zangla Gompa. The river has rope bridge with a span of 130 to 150 meters about 3 kms. before Pishu.

Day Nine: Pishu–Padam

The easy trail keeps following river Zanskar upstream and passes the village of Tongde which has a large Gompa. Padam can be approached the same day.

Variations

The trek can be started from Padam instead of Lamayuru. One can drive by jeeps/trucks from Kargil to Padam and then trek upto Lamayuru.

Services: Porters/Ponies

These can be engaged in Lamayuru itself but there are many groups in summer and it may be some times a problem to arrange these. The rates are about Rs. 40/- per day per porter and Rs. 80/- per day for a pony. The rates may increase due to increased demand. The porters and ponies may have to be paid 50% for return journey.

Accommodation/Rations

It is advisable to carry light mountain tents and good sleeping bags. The villagers have limited food and other resources. Therefore, all trekkers must carry their own food and not try to live off the land.

Water Crossings

Great caution must be exercised while crossing mountain rivers. During summer these rivers are in

spate due to heavy rains. Try to cross the rivers as early as possible in the morning. The best time would be 4 to 5 A.M. when the water is low. Never cross the streams in the afternoon. Never cross alone or without any rope anchor. There have been many accidents of drowning among trekkers in this area, so absolute precautions should be taken to avoid tragic accidents.

TREK 5

Padam–Hemis

Grade	**: Very Difficult**
Maximum Altitude	**: 5300 M**
Duration	**: Two weeks**
Suitable time	**: July–Oct.**

This is a very difficult trek involving numerous river crossings and high passes. There are very few villages on the trek and these are quite far apart. The trekkers should be in a fit condition and fully equiped as regards food shelter etc.

Day One: Padam–Tongde
Padam (3600 M) to Tongde (3530 M). After crossing the Zanskar river by a rope bridge just near Padam, walk along the river for about 3 hours. Camp at Tongde, a small village.

Day Two: Tongde–Zangla
Tongde-Zangla (3450 M) 5 hours walk along the Zanskar river. Camp at Zangla Village.

Day Three: Zangla–Foot of Sher Sher La
Zangla-Foot of Sher Sher La (3940 M) 6 hours trek. Steep climb upto Zangla Gompa and after passing

Gompa one enters the gorge of a river. It is necessary to cross about 15 to 20 times the river while moving through the Gorge. Water is knee deep. After the Gorge at the confluence of two rivers take the left side valley to reach the foot of the pass. Camp for the night. Green camping ground with water.

Day Four: Foot of Sher Sher La–Chup-Cha

Foot of Sher Sher La to Chup-Cha (4460 M) on the other side of the pass. About 6½ hours climb and descent to a green plateau at the confulence of two mountain streams. Camp at Chup-cha. Good camping ground. The climb of Sher Sher La is quite steep. Only stones and boulders. On the other side there is a small ice patch but the trek goes higher up.

Day Five: Chup-Cha–Shang Kong Ma

Chup-cha to Shang Kong Ma (3970 M) 5 hours descent to a green meadow at another confluence of two mountain streams. Descend into the gorge and cross the river about a dozen times. Camp at Shang Kong Ma.

Day Six:

Shang Kong Ma to another meadow near the confluence of two mountain streams, about 3800 M. 3½ hours trek. Descend the same Valley. Have to cross the river many times. Hip deep water. Cross with care and use a rope. Camp at the confluence. Good camping site. Store water early as it gets very murky in the afternoon. It is impossible to cross the river in the afternoon.

Day Seven:
Confluence to Kurna Sumdo (3820 M) 4½ hours trek. Descend upto the confluence Tilut Sumdo and climb along river Kurna on the right side upto Kurna Sumdo. Lot of water on the way and many river crossings. One must start very early in the morning. Good camping site. Wood also available in the form of bushes all along the valley. In the afternoon water gets murky.

Day Eight: Kurna Sumdo–Nari Narsa
Kurna Sumdo to high Valley of Nari Narsa (4270 M) 6 hours journey. First take the small valley on the left and climb a very steep portion full of stones and boulders. This portion is very steep and it is necessary to unload the horses as they have danger of slipping. Again it is necessary to cross the river many times but the water is low. Many camp sites at Nari narsa. Water and bushes available.

Day Nine: Nari Narsa–Lang Tang
High Valley of Nari Narsa to Lang Tang (4800 M) 6 hours journey. Climb the Valley upto the plateau of Rubrung and take the right side Valley. Cross the Mountain through a break in the range. Follow this narrow passage upto Zalung Karpo la (5160 M) climb the ridge (5200 M) and descend into the Valley of Lang Tang. Good camping ground.

Day Ten: Lang Tang–Hankar
Lang Tang to Hankar Village (4200 M) 5 hours journey. Descend the Valley upto Markha river and

camp in the village. Camping ground. From this point the trek joins the Markha Valley trek.

Day Elevan: Hankar–Nima Ling
Hankar to Nima Ling (4900 M) 5 hours journey. Climb the valley of Markha upto the plateau of Nima Ling. Route is very clear and good. Camp in Nima Ling. Nomads also staying in small houses. Not possible to stay with them. Water available. No wood.

Day Twelve: Nima Ling–Shakdo
Nima Ling to Shakdo (4100 M). 6 hours journey. Cross the Kang Maru La (5300 M). Vary easy climb. Descend gorge upto village Shakdo. Camp in Shakdo.

Day Thirteen: Shakdo–Hemis
Shakdo-Hemis (3760 M) 5 hours journey. Descend the Valley upto Matselang and march upto Hemis.

Variations
On reaching Markha Valley one can follow the Markha river down stream and cross into Indus Valley near Spitok.

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River Crossings

As already mentioned this is a very difficult trek. One has to take full precautions for river crossings. It is advisable to take a guide or porter as attempting the trek alone can be dangerous and there are chances of getting lost.

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